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LOTTO 649
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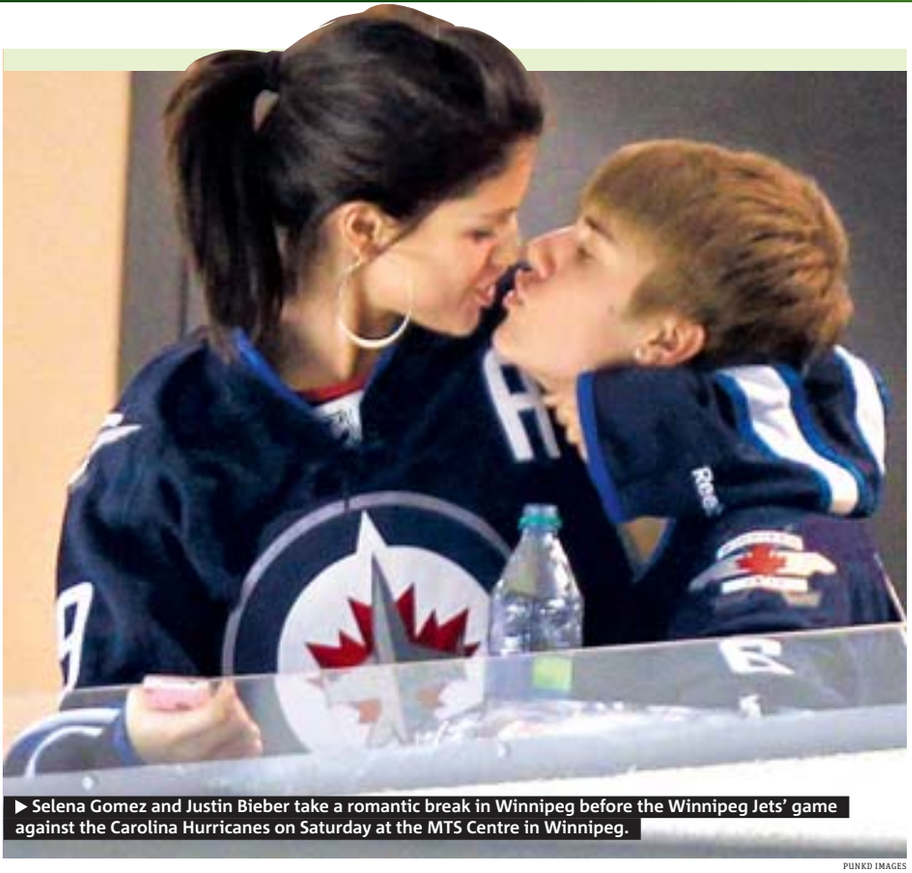
**TURKEY QUAKE**
RESCUERS USE BARE HANDS TO PULL OUT SURVIVORS {page 8}

# BOOK OF BUBLÉ
SINGER SAYS HE'S WRITTEN A LIGHT READ, NOT A MEMOIR
{page 21}

TORONTO metro®
Monday, October 24, 2011
www.metronews.ca
News worth sharing.



▶ Selena Gomez and Justin Bieber take a romantic break in Winnipeg before the Winnipeg Jets' game against the Carolina Hurricanes on Saturday at the MTS Centre in Winnipeg.

PUNKD IMAGES

## Selena and Bieber heat up the rink

**Teen pop music sensation Justin Bieber and girlfriend Selena Gomez were in Winnipeg on the weekend and reportedly took in several sights, including the Forks, the Manitoba Museum, caught a movie and even did some racing at Speed World, an indoor go-kart track. Bieber won. Selena Gomez and The Scene are at the John Labatt Centre in London, Ont., tonight.**

# Cop faces perjury charge

### Brother a 'person of interest' in murder of a multi-millionaire jeweller in July

A Toronto police officer has been charged with perjury, accused of covering up his brother's alleged involvement in the execution-style murder of multi-millionaire jeweller Alexander Kucovic.

Const. Daniel J. Costa, 29, of 23 Division has a bail hearing tomorrow in Newmarket court.

Kucovic, 37, was pronounced dead in hospital within hours of being shot several times near his home around 10:30 p.m. on Saturday, July 2. His body was found in the middle of the street on well-lit Grandvista Crescent, in an area known for million-dollar homes.

Within days of the murder, York homicide investigators were probing the possible involvement of Costa's younger brother, Michael, court documents show.

Michael Costa hasn't been charged in relation to the murder.

TORSTAR NEWS SERVICE

▶ Alexander Kucovic

York homicide investigators first spoke with Daniel Costa about his brother on July 7, five days after the murder. More than two months after that initial talk, Daniel Costa was charged with perjury and freed on a promise to appear in court.

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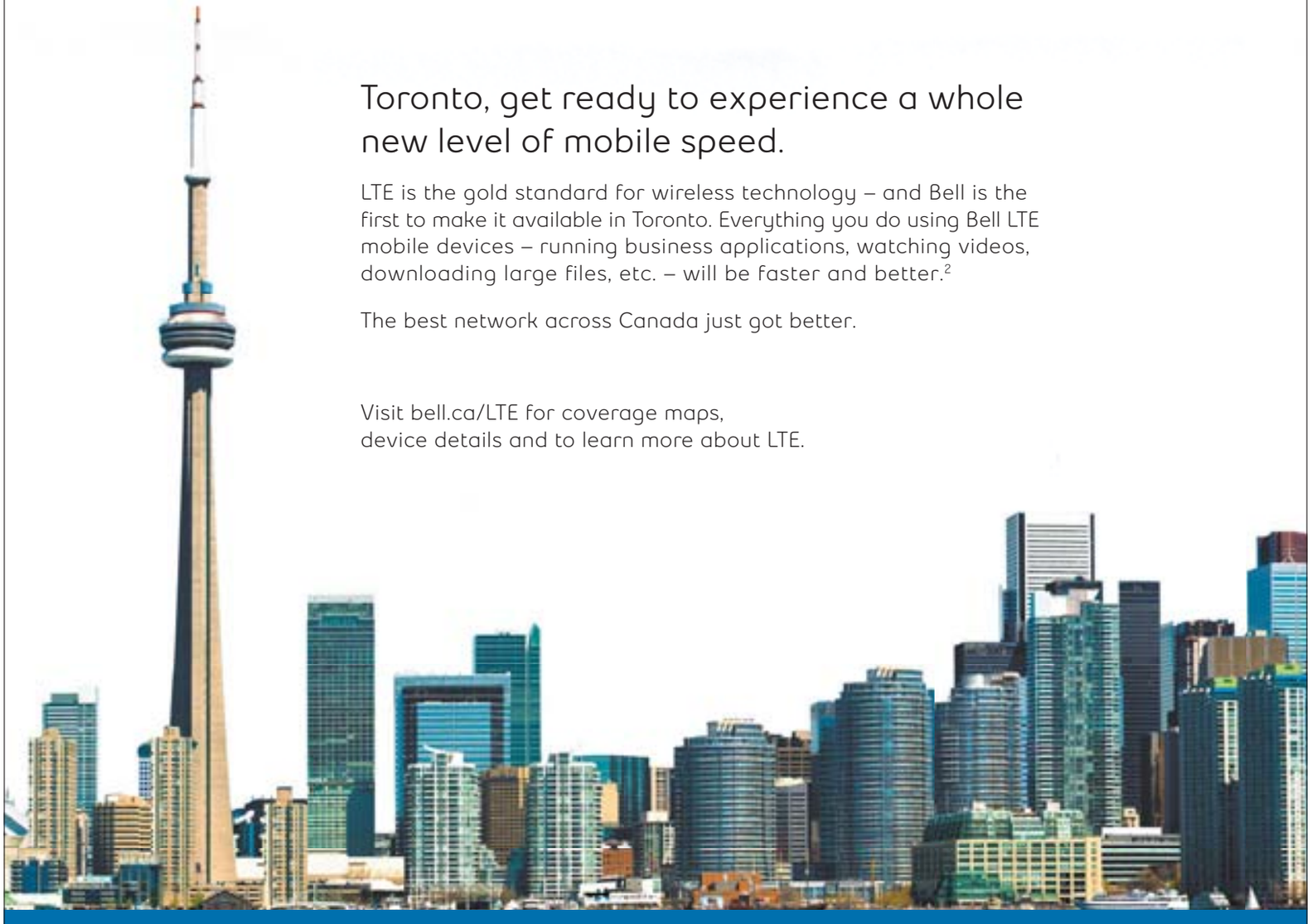

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# Schools under scrutiny after deaths

**Suicide is behind 24% of all deaths of 15- to 24-year-olds in Canada, one of top rates in OECD**

Akash Wadhwa, bullied and suicidal, turned to his best friend for support. He told Kiran Nijjar he wanted to kill himself and she tried to get him help.

In the end, on Sept. 16, he succeeded in killing them both, a murder-suicide that now has friends and family asking whether the school system could have done more.

According to kids at Mississauga Secondary, where both teens were students, the school was aware of Wadhwa's suicide threats. Some accuse teachers and principals of not doing more to prevent the Friday morning tragedy.

Paramjit Nijjar, Kiran's father, said she told him Wadhwa had gone to a guidance counsellor.

"If someone knew something, they should have done something," he said.

Wadhwa's death, along with the murder of his friend, calls into question the school system's role in dealing with the mental health of its young charges.

Jim Van Buskirk, chief social worker for the Peel District School Board, said schools are required to contact a student's parent or guardian when a threat to commit suicide is made. The student would then be referred to a mental health facility if the threat was deemed serious.

In Wadhwa's case, the school abided by the Peel board's protocols when Wadhwa's troubles became known, officials said.

Canadian pediatrician Dr. Richard Goldbloom, in a 2006 Senate committee report on mental health, called for more mental health services in "children's natural habitat."

But schools suffer a lack of resources. For example, the Peel board has one social worker for every four or five schools.

Once a student is referred, it can take up to 18 months to get a mental health assessment in Ontario, said Steve Lurie, executive director of the Canadian Mental Health Association.

Another challenge is training. A 2010 report on Ontario's publicly funded schools said teachers "have very low levels of knowledge about mental health issues, and mental health has not been a priority for professional development."

TORSTAR NEWS SERVICE

FACEBOOK.COM

▶ A memorial photo from Facebook of Kiran Nijjar, 17, and Akash Wadhwa, 16.

**Need to know**

**Warning signs of youth suicide:**

- Sudden change in behaviour.
- Withdrawal from friends and activities.
- Increased use of alcohol and other drugs.
- Recent loss of a friend, family member or parent, especially if they died by suicide.
- Conflicting feelings or a sense of shame about sexuality.
- Mood swings, emotional outbursts, high level of irritability or aggression.
- Feelings of hopelessness.
- Writing or drawing about suicide.
- Making a plan or increased risk taking.

*Information provided by the Canadian Mental Health Association.*

# York fires investigator who helped spark fraud probe

York University has fired one of its key investigators who turned into a whistleblower of possible fraud at the school, which eventually led to a police investigation.

Sources familiar with York's management confirmed Friday that the university abruptly dismissed Ken Tooby, co-ordinator of investigations for security, parking and transportation services in the school's operations division, last week.

Both York spokesman Walter Pidgeon and Tooby refused comment.

The responses left questions about why York would dismiss a senior manager who alerted school executives over questionable practices in the sprawling division covering campus services and business operations.

Tooby, 45, was among several staff members who revealed problems in labour relations, contracts, disappearance of university property and use of outside consultants starting in 2009.

To date, no one faces charges for any alleged fraudulent activities.

TORSTAR NEWS SERVICE

1 news

A victim of sexual abuse at the hands of a minor hockey coach tells his harrowing story. Scan the code for the story.

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# Dan Heap inspired a young Chow

## As the Trinity-Spadina MP in the '80s, Heap was a 'source of hope' for Toronto's Chinese community: Chow

CHOW HANDOUT BY DAVID SMILEY

▶ Olivia Chow and Dan Heap from Chow's personal collection of photos.

Olivia Chow was standing amongst hundreds of rain-soaked activists in Toronto's Grange Park the first time she encountered Dan Heap.

It was 1979. She and others were calling out for the government to provide refuge to Vietnamese boat people.

"I remember thinking, 'It's pouring rain. He cares enough to show up. He must be a good guy,' " said Chow, then a young artist who sculpted animal figurines for a living.

Two years later, Chow learned that Heap — an outspoken social justice advocate in the city — was running in the federal election as the Spadina riding's NDP candidate. She decided to help the campaign.

Heap won the election in 1981, beating out Liberal Prime Minister Pierre Trudeau's aide Jim Coutts. He held the seat until he retired in 1993.

Much has changed in the 30 years since Heap first sat in the House of Commons.

As the Toronto Star recently reported, the former MP — diagnosed with Alzheimer's in 2005 — lives in a long-term care home in Toronto. Wife Alice lives in a retirement home about two kilometres away. Family members are struggling to find a facility where the couple can live together.

Chow, now the NDP MP for Trinity-Spadina, finds herself in the same seat Heap fought to win for the New Democrats back in the 1980s.

Over coffee yesterday afternoon, Chow shared with the Star her memories of the time she set her sculpting tools aside to work as Heap's constituency assistant.

Both Heap and Toronto councillor Dan Leckie sparked Chow's interest in politics during her time at the Spadina office. She said Heap's strategy — "help folks, work with them and mobilize" — influenced her decision to further involve herself in politics.

"I realized what an elected representative could do ... the kind of difference they can make, which is tremendous," she said.

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### Quality of life

- Reflecting on the Heap family's ongoing struggle to find Dan Heap and wife Alice adequate care, Chow called for a return to the former MP's message of "compassion and social justice."
- "We are very far from having a Canada that reflects those values," she said, adding that the lack of affordable, accessible home-care in Canada is "destroying" seniors' quality of life.

# York parents lobby to remove Wi-Fi in schools

For the past half-decade, Ontario school board officials have maintained Wi-Fi is safe in schools. Still, the public remains skeptical, indeed increasingly so.

Parents in the York region are lobbying to remove Wi-Fi — the low-level radiofrequency energy that allows computers and smartphones to communicate wirelessly — from elementary schools, threatening to pull their children out of class and protest at Queen's Park if they don't see action.

"The concern is cancer, of course," says Lynnette Haralampopoulos, a 40-year-old MRI technologist, who has a son and daughter in elementary school.

"My child is in there for five days a week, six hours a day being pulsed with microwaves," she says. "It doesn't matter whether it's in the bathroom or in the classroom, they're getting radiation."

The York parents are only the latest in a wave of opponents. Over the summer, the Elementary Teachers Federation of Ontario set up a committee to study the technology. Earlier this fall, two private schools in Ontario, Wayside Academy in Peterborough and Pretty River Academy in Collingwood, quietly dismantled their schools' Wi-Fi and last week the issue came up spontaneously during a Toronto Public Library Board Meeting.

The movement has inspired a small industry of Wi-Fi gurus like Magda Havas, an associate professor of environment at Trent University, who lectures at events hosted by Wi-Fi activists and politicians, including Green Party leader Elizabeth May. Havas' online videos on the perils of what she calls electrosmog and electrosensitivity — headaches, dizziness and nausea — are watched by hundreds.

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### Fear of waves

- According to the City of Toronto, "There is no health reason to avoid the use of Wi-Fi."
- Generally, Canadian school boards and government agencies of all jurisdictional levels agree.
- However, the spectre of invisible poisonous waves is hard to dismiss.
- Earlier this month, when Health Canada issued a warning that children under 18 should limit their cellphone use, concern grew.

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# Oshawa's clutter challenge

## Mayor's green-themed idea hopes to get cars off streets and into garages

Shannon McDonald's mom doesn't have a car or a garage. But that didn't stop the four-year-old from loading up her little red wagon with the family's old electronics for Oshawa's great garage cleanup.

"We don't need this stuff any more," Shannon declared proudly as she and her mother, Meaghan Brown, dumped computer parts, cordless phones and a cassette player into boxes at Lakeview Park on the weekend. Hundreds of other residents arrived in vehicles piled with e-waste and household items. The idea is to eliminate winter idling, make streets cleaner and safer, and divert unwanted items from landfill.

The collection prompted Bryan Oliver to come clean on his procrastinating ways with the overstuffed family garage. "I kept putting it off and putting it off," admitted the communications officer. **TORSTAR NEWS SERVICE**

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**NephCure.** Walk

▶ Kidney-disease sufferers were joined by dozens of family, friends and nurses from Sick Kids Hospital Saturday in High Park to launch the first-ever Toronto NephCure Walk.

MELINDA MCINNES/NEPHCURE FOUNDATION

## Walk aims to save kidneys

**The goal of the walk is to raise money and awareness about Nephrotic Syndrome (NS) and Focal Segmental Glomerulosclerosis (FSGS), rare and debilitating kidney diseases for which there is currently no known cause or cure.**

# York Region bus drivers set to strike

Labour strife reached a boiling point amongst GTA transit workers just in time for the morning commute.

About 560 drivers and mechanics from York Region Transit and Viva express route were set to walk off the job at 4 a.m. Monday, said Bob Kinnear, who represents Viva workers as president of the Amalgamated Transit Union Local 113.

An additional 1,500 GO bus drivers and workers were preparing to strike early today, but hopes for a resolution remained late last night as last minute negotiations were underway. The situation was still unclear at press time.

**TORSTAR NEWS SERVICE**

# Pusateri's reopening today

STEPHANIE FINDLAY/TORSTAR NEWS SERVICE

▶ Frank Luchetta, president of Pusateri's

Pusateri's, the high-end Avenue Road grocery store that was shut down due to several health violations, is set to reopen today.

An email sent from a public relations firm representing the grocery store said the store will open after a successful inspection by Toronto Public Health.

Pusateri's was shut down on Thursday following an inspection report that cited the store for several violations, including failure to provide adequate pest control and to prevent an insect infestation.

**TORSTAR NEWS SERVICE**

## News in brief

### Child in trauma centre after park accident

A child has been airlifted to a trauma centre after an accident in a Mississauga park yesterday. Peel police confirmed that the child was playing in Erindale Park near an embarkment and was struck by a falling rock shortly after 3 p.m.

The child was initially taken to a local hospital, but when its condition worsened, the child was airlifted to a Toronto trauma centre.

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# Panic in Turkey after strong quake

## Rescue workers and residents scramble, using bare hands, basic shovels in a race to save those trapped

Cries of panic and horror filled the air as a 7.2-magnitude earthquake struck eastern Turkey, killing at least 138 people as buildings pancaked and crumpled into rubble. The death toll was expected to rise as rescuers sifted through the rubble and reached outlying villages.

Tens of thousands of residents fled to the streets running, screaming and trying to reach relatives on cellphones.

"There are many people under the rubble," Veysel Keser, the mayor of the district of Celebibag, told NTV. "People are in agony. We can hear their screams for help."

Celebibag is near the hardest-hit area: Ercis, an eastern city of 75,000 close to the Iranian border and on one of Turkey's most earthquake-prone zones.

Rescue work would go on through the night, officials said. THE ASSOCIATED PRESS

### Frequent tremors

- The country has frequent earthquakes. In 1999, two earthquakes with a magnitude of more than 7 struck northwestern Turkey, killing about 18,000 people.
- More recently, a 6.0-magnitude quake in March 2010 killed 51 people in eastern Turkey, while in 2003, a 6.4-magnitude earthquake killed 177 people in the southeastern city of Bingol.

**Water.** Travel

▶ Flood victims move through the water on a makeshift raft past a portrait of the King of Thailand, near Bangkok yesterday.

PAULA BRONSTEIN/GETTY IMAGES

## Floodwaters threaten Thai capital

**The governor of Bangkok issued a dramatic warning late last night to residents of the Thai capital to prepare for floodwaters to roll deeper into the city. He said a massive amount of water has moved faster than anticipated.**

# Obama hails 'new era of promise' for Libya

U.S. President Barack Obama hailed the declaration of freedom in Libya yesterday, saying "a new era of promise" is underway in the African nation. He also urged its new leaders to turn their attention to the political transition ahead.

The leader of Libya's transitional government, Mustafa Abdul-Jalil, declared the country liberated yesterday, three days after the capture and death of dictator Moammar Gadhafi.

In a statement issued by the White House, Obama congratulated the Libyan people and said, "After four decades of brutal dictatorship and eight months of deadly conflict, the Libyan people can now celebrate their freedom and the beginning of a new era of promise."

FRANCOIS MORI/THE ASSOCIATED PRESS

▶ Libyans celebrate in Benghazi, Libya, yesterday as the transitional government declared the country officially liberated.

Obama said the U.S. looks forward to working with officials as they prepare for free and fair elections.

Secretary of State Hillary Rodham Clinton said she supported calls for an investigation into Gadhafi's death as part of Libya's transition from dictatorship to democracy.

Gadhafi was captured wounded but alive in his hometown of Sirte. Bloody images of Gadhafi being taunted and beaten by his captors have raised questions about whether he was killed in crossfire, as suggested by government officials, or was executed.

Clinton issued a statement later yesterday, congratulating Libyans on their liberation. THE ASSOCIATED PRESS

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**Metro Interview.**

MICHAEL NAGLE/GETTY IMAGES FILE

▶ Juan Manuel Santos, president of the Republic of Colombia.

**[illegible] el Santos speaks to Metro on his country's efforts in the war on drugs ◐ He points to drug legalization as a means of stopping violence**

# COLOMBIAN PREZ: LEGALIZE POT

**PER MIKAEL JENSEN**
@METRO.LU
METRO WORLD NEWS IN BOGOTÁ

One of the most prominent fighters in the war on drugs is calling for the world to get tougher. President of Colombia Juan Manuel Santos wants world leaders to take a much stronger, more co-ordinated approach in dealing with trafficking narcotics and the use of hard drugs such as cocaine and heroin. In an exclusive one-on-one interview with Metro, Santos says legalizing softer drugs, such as cannabis, could be a way forward, if done globally.

"The world needs to discuss new approaches," Santos says. "We are basically still thinking within the same framework as we have done for the last 40 years."

Colombia's war on drug cartels has made huge progress over the past 20 years, with a decline of drug-related violence that had plagued the country. Santos hopes that the world, too, can build on this success story.

**Do you think legalizing softer drugs could be a way forward?**
Yes, that could be an answer, provided everyone does it at the same time.

**But somebody has to take the first steps?**
Yes, and it won't be me.

**Why?**
Because, for Colombia, this is a matter of national security. Drug trafficking is what finances the violence and the irregular groups in our country. I would be crucified if I took the first step.

**How is this different in other countries?**
In other countries (Europe and the U.S.), this is mainly a health issue and a crime issue. We need to look at all components, one of them being targeting the assets in this business. But we need to do so on a global level.

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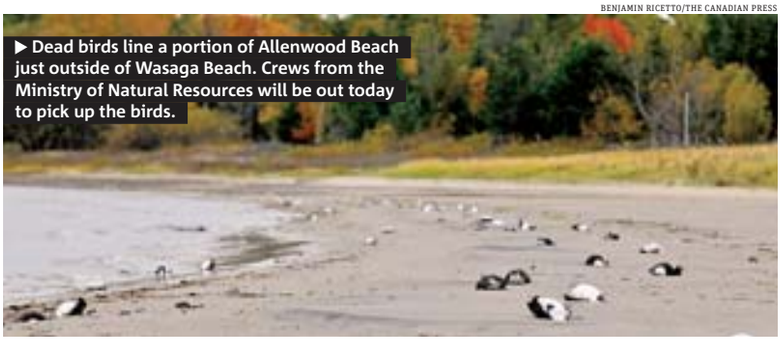

▶ Dead birds line a portion of Allenwood Beach just outside of Wasaga Beach. Crews from the Ministry of Natural Resources will be out today to pick up the birds.

# Dead birds foul beach

## ◗ Experts say waterfowl washed up near Wasaga Beach were likely killed by botulism ◗ No real risk to public

Thousands of dead birds have flooded the shores of Georgian Bay in a scene locals compared to the devastation from an oil spill.

Dead loons, ducks and seagulls covered "every foot" of Wasaga Beach Provincial Park's shorelines over the weekend, said local Faye Ego, who walks her dog there daily.

"It's like when you see the oil slicks," Ego said. "It turns your stomach. It's awful."

Between 5,000 and 6,000 dead waterfowl are scattered along a three-kilometre stretch near Wasaga Beach, said Ontario Provincial Police Const. Peter Leon.

Botulism appears to be the culprit behind the masses of dead birds based on information from the Ministry of Natural Resources, police said.

The deadly disease is caused by toxins that lake-bottom bacteria produce under certain conditions. Fish were likely infected, then died.

Small scale "die-offs" occur annually around the Great Lakes.

THE CANADIAN PRESS

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# Sarkozy's baby Giulia goes home

**French president in Brussels yesterday for summit of European Union leaders Also absent for child's birth**

LIONEL CIRONNEAU/THE ASSOCIATED PRESS

▶ French President Nicolas Sarkozy's wife, Carla Bruni-Sarkozy, leaves a clinic in Paris yesterday, carrying her baby girl, Giulia.

Carla Bruni-Sarkozy is heading home with her newborn girl, Giulia, the first baby born to a sitting French president.

Bruni-Sarkozy left a Paris clinic yesterday with her daughter and bodyguards, after giving birth Wednesday.

President Nicolas Sarkozy said he and his wife felt a "very profound happiness" over the birth of their first child together. He has three sons from his two previous marriages. She has one son from a previous relationship.

Sarkozy is expected to seek a second term in elections in six months.

When the first lady gave birth, Sarkozy was in Frankfurt for an emergency meeting with German Chancellor Angela Merkel, trying to solve the European debt crisis.

In a rare interview during her pregnancy, Bruni-Sarkozy vowed to keep her baby out of the spotlight and not to release photos.

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| 35 | $11 | $10 | $12 | $10 | $19 | $15 | $32 | $25 |
| 40 | $12 | $11 | $16 | $13 | $24 | $19 | $41 | $29 |
| 45 | $16 | $13 | $23 | $17 | $33 | $22 | $57 | $38 |
| 50 | $17 | $13 | $33 | $24 | $52 | $36 | $96 | $67 |
| 55 | $25 | $19 | $53 | $37 | $89 | $66 | $168 | $123 |
| 60 | $37 | $26 | $86 | $59 | $160 | $110 | $310 | $212 |
| 65 | $61 | $40 | $146 | $94 | $282 | $184 | $551 | $362 |
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# Jobs' final vendetta?

## Apple's co-founder vowed to destroy Google's Android for perceived theft

Google can only hope that Steve Jobs' final vendetta doesn't haunt the Internet search leader.

The depths of Jobs' antipathy toward Google leaps out of Walter Isaacson's authorized biography of Apple's co-founder. The book goes on sale today, less than three weeks after Jobs' Oct. 5 death.

The biography drips with Jobs' vitriol as he discusses his belief that Google stole from Apple's iPhone to build many of the features in Google's Android software for rival phones. It's clear that the perceived theft represented an unforgiveable act of betrayal to Jobs, who had been a mentor to Google co-founders Larry Page and Sergey Brin and had welcomed Google's CEO at the time, Eric Schmidt, to be on Apple's board.

CONTRIBUTED

▶ Steve Jobs' biography.

**"I'm going to destroy Android because it's a stolen product. I'm willing to go to thermonuclear war on this."**
**STEVE JOBS, IN THE AUTHORIZED BIOGRAPHY BY WALTER ISAACSON**

Jobs retaliated with a profane manifesto during a 2010 conversation with his chosen biographer. Isaacson wrote that he never saw Jobs angrier in any of their conversations, which covered a wide variety of emotional topics during a two-year period.

After equating Android to "grand theft" of the iPhone, Jobs lobbed a series of grenades that may blow a hole in Google's image as an innovative company on a crusade to make the world a better place.

"I will spend my last dying breath if I need to, and I will spend every penny of Apple's $40 billion in the bank, to right this wrong," Jobs told Isaacson.

Android now represents one of the chief threats to the iPhone. More than 550,000 devices running on Android are being activated each day. Apple, meanwhile, sold about three million fewer iPhones than anticipated in the July-September quarter.

The newest Android challenger to the iPhone, the Galaxy Nexus from Samsung, is scheduled to go on sale next month.

**THE ASSOCIATED PRESS**

**Market moment**

PRICES AS OF 5 P.M. FRIDAY

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|---|---|---|---|
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LIA GRAINGER/METRO

▶ Ran Goel hangs with some future salad mix at Fresh City Farm's Downsview Park land.

# RAISING THE BAR ON LOCAL VEGETABLES

## URBAN COMPASS

**LIA GRAINGER**
METRO TORONTO

The terms "local" and "fresh" are near ubiquitous these days when discussing food quality. But how local is local, and how fresh is fresh?

"If you buy a Fresh City Farm box, you could actually be getting food delivered that was pulled out of the ground that morning," explains Ran Goel. He's seated at a muddy picnic table in the Downsview Park greenhouse that serves as headquarters of Fresh City Farms. Behind him, rows of spinach, lettuce, arugula and mustard greens sprout from planters, waiting to become salad mix.

The 32-year-old Torontonian took a leave of absence from his job as a corporate lawyer last September to co-found this urban farming business with the help of his friend, sustainable landscape architect Phillip Collins.

The concept of the enterprise is unique: Toronto residents who want to become urban farmers contact Fresh City Farms and receive training and advice about growing food in the city. Next, the farmer canvasses his or her neighbourhood for homeowners willing to give up their lawn space. The farmer then plants and harvests on the homeowner's property, providing the owner with ten percent of the yield in exchange for the use of their land and water.

"It's a win-win for the homeowners, says Goel of the twenty or so downtown Toronto lawns the company has harvested. "They get landscaping, free produce, and a microgarden."

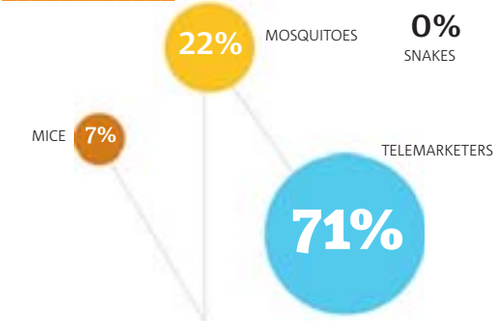
The rest of the produce is then sold to Fresh City Farms, where it is packed into old wooden wine crates lined with recycled burlap sacks and delivered to whoever has ordered it ($49.99 for a two week trial; $30.99 per week onwards). Boxes usually contain eight to 10 varieties of produce, and the contents are supplemented with food grown at the two-acre Downsview Park farm, as well from other local organic sources when necessary.

At its core, the fundamental purpose of Fresh City Farms is to reduce the barriers to starting an urban farming business. But ask Goel, and he'll tell you it does much more than that. "One of the byproducts has been the subversive public education aspect," says Goel. "We're farming in people's yards, and in the communities of people who might not otherwise be environmentalists. These young people are learning how to farm, but they're also teaching others about food, and changing our food production systems could be the answer to a good chunk of our planet's environmental issues."

www.freshcityfarms.com

Panel **Register at metropolitanpanel.ca and take the quick poll**

**Fill in the blank: It would be OK if _____ went extinct.**




## Local tweets

**@audiobloodmedia:** Playing dice on the Upper West Side w/ some friendly faces from #Toronto all we need now is Matthew Lillard and some delivery Artichoke!

**@djlissamonet:** holy crap, the movie police academy was filmed in #toronto #mpix

**@AnumBrohi:** Loved watching the declaration of independence speech today by MAJ. Hope to see nothing but success in the future for #Libya

**@bobwillette:** Spinnin some yummy tunes at the final day of the @DeliciousShow !

**@_KimLe:** it's the shortbread & grainy mustard show @DeliciousShow.

**@savvari:** Still thinking about the tasty zeppole from St.Phillips Bakery that I had at @DeliciousShow - le sigh

**@Digiteyes:** @DeliciousShow It was delicious :-D

**@LasalleRules:** Dear #Toronto your city doesn't have any culture, cuisine, night life, winning sports teams. You do have out of touch Puritans, & nice roads

## Worth mentioning

One of Henrik Holgersson's friends laughed in his face when he told him he was going to spend the better part of 2011 as a stay-at-home dad.

"What kind of a man are you?" the friend asked Holgersson, who works for an event-management company.

Holgersson took out 240 days of parental leave paid for by the government while his girlfriend, Jenny Karlsson, went back to her job as a real estate agent, after eight months at home with their son Arvid.

"To take care of Arvid is a real fatherly thing to do. I think that's very masculine," said Holgersson, 34.

Holgersson's experience isn't unusual in Sweden, largely because the government encourages dads to stay at home with their newborn through a parental-leave policy that is among the most generous in the world.

While more than a dozen countries now offer paid paternity leave, usually for a couple of weeks, Sweden subsidizes such leave for up to 14 months.

THE ASSOCIATED PRESS

## photo of the day

PHOTO CHALLENGE

▶ This photo, titled Look Mom, I can Fly, was submitted to the Moment of my Life category by Paddi Towne Stadler from Leduc, Alta.

**Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.**

WEIRD NEWS

## Identical twins give birth on same day

Two identical twins in Indiana now have another birthday in common: They delivered babies on the same day at the same hospital.

The Herald-Times reports 21-year-old Jessica and Jennifer Patterson gave birth Wednesday at Indiana University Health Bloomington Hospital.

Jennifer Patterson gave birth first to a girl, Adalynn Rose Patterson, who was born with a collapsed lung but is now doing fine.

Eight and half hours later, Jessica Patterson gave birth to a boy, Mason Douglas Patterson, by caesarean section.

Jennifer Patterson calls the same-day births "kind of cool."

Both women live in the tiny Lawrence County town of Judah.

Hospital spokeswoman Amanda Roach says no one can recall the last time identical twins delivered babies at the hospital on the same day.

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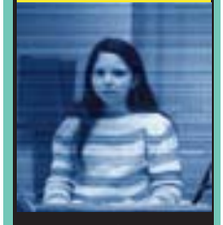
2 scene

**Box office**



Paranormal Activity 3 didn't just go bump in the night. It made a ton of noise at the box office with a huge, $54 million opening. The third film in Paramount's low-budget horror franchise was No. 1 at the box office, according to Sunday studio estimates. Part two also debuted in the top spot a year ago.
THE ASSOCIATED PRESS

Oprah meditates with women in Iowa, talks about her spiritual journey

# Osbourne's alright

## New documentary put together by Ozzy's son Jack details rocker's journey to sobriety

FRANK MICELOTTA/THE CANADIAN PRESS

▶ In God Bless Ozzy Osbourne, his children admit he wasn't always the greatest father.

**God Bless Ozzy Osbourne**

▶ Documentary will screen at participating Cineplex Entertainment theatres in Canada on Wednesday at 7 p.m. ET.

Jack Osbourne says he doesn't worry anymore about the well-being of his dad, heavy metal megastar Ozzy Osbourne.

"Motorbikes can't kill him, drugs can't kill him," he mused in a recent phone interview from his parents' California house.

"He's one of these guys where he's going to be, like, 900 years old still complaining about everything and laughing. We joke that he's going to outlive me."

The British rocker's astounding ability to endure decades of hard partying, reckless stunts and heavy drug and alcohol abuse is one of the main themes of God Bless Ozzy Osbourne, which will screen at participating Cineplex Entertainment theatres in Canada on Oct. 26 at 7 p.m. ET.

"There's only a handful of people that have done what he's done and lived to tell the tale," said Osbourne, 25, who produced the documentary.

The film opens with shots of a 60-year-old, long-haired Osbourne — clad in all black and purple-tinted glasses — in his dressing room jumping rope, riding a stationary bike and doing stretches as part of his pre-concert warm-up routine.

As we soon learn, the so-called Prince of Darkness is now more than five years sober — the longest stretch he's spent in recovery.

Gone are the days when he was so high or intoxicated he'd bite the heads off winged creatures, trash hotel rooms or have legions of TV viewers laughing at his incomprehensible speech and hunchbacked-shuffle walk on The Osbournes.

"One of the key points that I wanted to put across for this film is that he's not this fumbling kind of stuttering, quirky guy," said Osbourne, who recently revealed he's expecting a child with his fiancée, Lisa Stelly.

"He's really quite astute and he's switched on and he's far from absent-minded."

Osbourne, who's appeared on various TV series, said a colleague encouraged him to do the project about four years ago.

When his parents gave the OK, he bought cameras, found a co-producer and hired director Mike Fleiss, who is executive producer of The Bachelor.

The filmmakers also use archive footage to detail Osbourne's life, from his poverty-stricken childhood in Birmingham, England to his drug-addled days with Black Sabbath and his time on The Osbournes TV reality series, when his alcoholism was at its peak.

Sabbath members say they used to order "cereal boxes" of cocaine to the house and Osbourne — a long-haired prankster who wore heavy, black eye liner and fake fangs onstage — would drink and do drugs until he passed out. His alcoholism became worse when his dad died and Sabbath famously fired him.

Osbourne, of course, eventually bounced back with a new band managed by his wife, Sharon. But his addiction issues plagued him, and his children — Louis and Jessica from his first marriage; and Kelly, Jack and Aimee from his marriage to Sharon — admit in the doc that he wasn't always a great father.

After about a dozen times in rehab, Osbourne — as he explains in the film — finally got the motivation to get sober for good over five years ago, when son Jack recovered from his addiction issues.

"I struggled with it because I don't want to take credit for what my dad had done," said Osbourne.

"He's the one who got sober — I just yelled at him — so I always feel awkward when people go, 'Oh, you helped.' I go, 'No, I didn't. I just had an argument and he kind of lifted himself from it.'"

As we see in the doc, one of Osbourne's biggest goals when he got sober was to get a driver's licence — something his addiction issues prevented him from doing until now.

"I actually sat outside on the porch looking at his Ferrari Italia, which is, I think, the most amusing thing to me about it," said Osbourne.

"He has not driven me yet, which is really strange, probably because whenever I turn up he's like, 'You drive.'

"Even though he's got his licence and he's really stoked about it, I don't think he likes driving."

God Bless Ozzy Osbourne premiered in the spring at the Tribeca Film Festival.
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# Spielberg brings Tintin home

## Producer wanted to release film in character's native Belgium first

YVES LOGGHE/THE ASSOCIATED PRESS

▶ Actor Jamie Bell plays Tintin in Steven Spielberg's new film.

Tintin came home to Belgium on Saturday for the world premiere of Steven Spielberg's The Adventures of Tintin: Secret of the Unicorn.

Tintin and his creator, the late Herge, were the stars of the show. The movie is rolling out first across Europe and elsewhere before hitting the United States by the Christmas movie season.

"To highjack Tintin and bring it to America first, and then release it overseas second, would be something that would not have even occurred to us," Spielberg said. "From the outset, the plan was to give Tintin back to the countries where Tintin was the most beloved."

The director has been riding a wave of support from local critics despite opening in a tradition-bound nation ready to pounce on any desecration of its cultural icon by Americans.

Spielberg bought the rights to the character in the 1980s — and three decades of waiting for the result ended with "what they call in the movies, a happy ending," said cartoon and movie expert Hugues Dayez

For Spielberg, a happy ending will mean the movie is such a box office success that a sequel becomes unavoidable. Together with Lord of the Rings director Peter Jackson, he will be ready. "We have chosen the next story. We have a screenplay that is being written right now," Spielberg said, refusing to say which of Herge's two-dozen Tintin books he would take.

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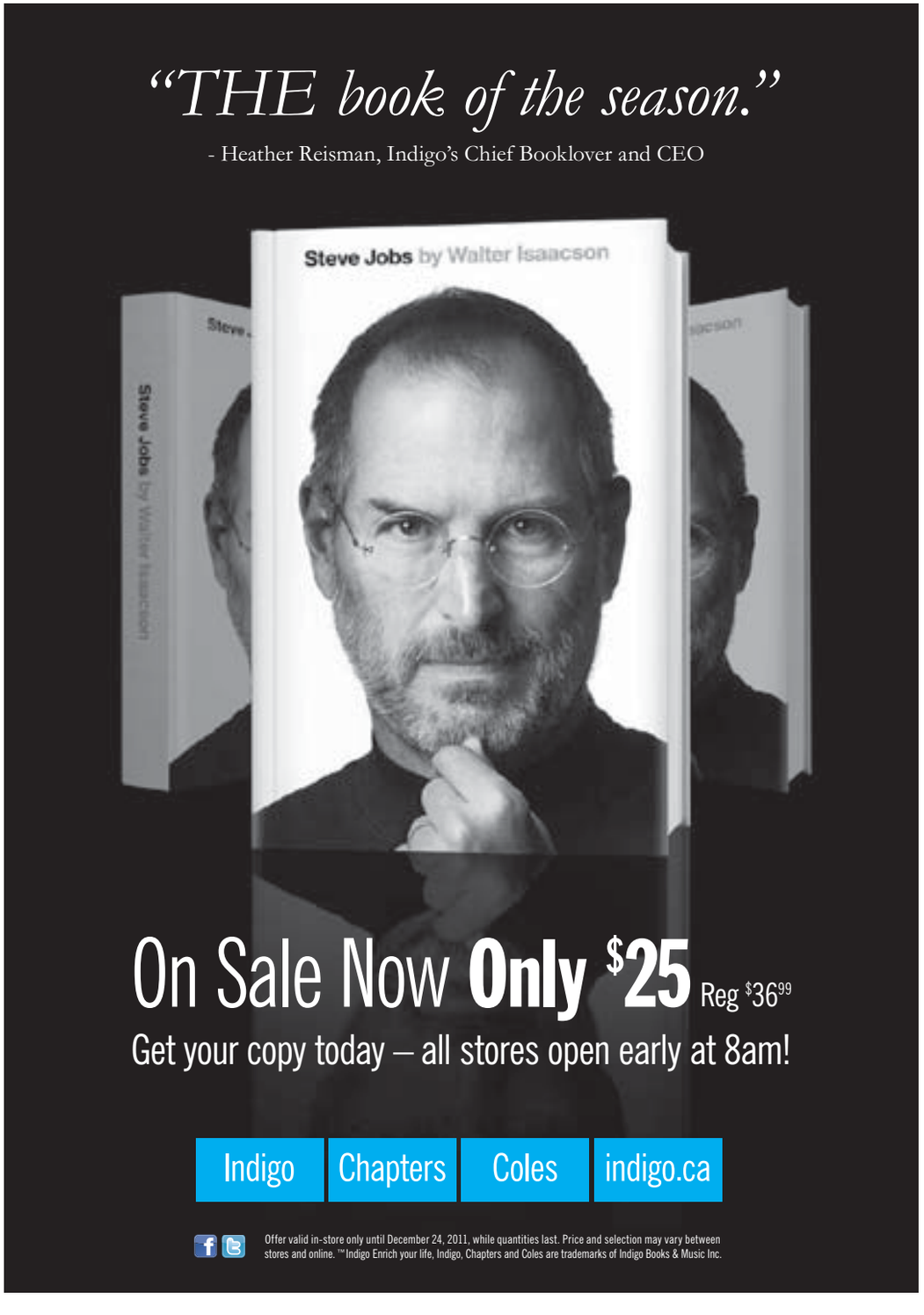
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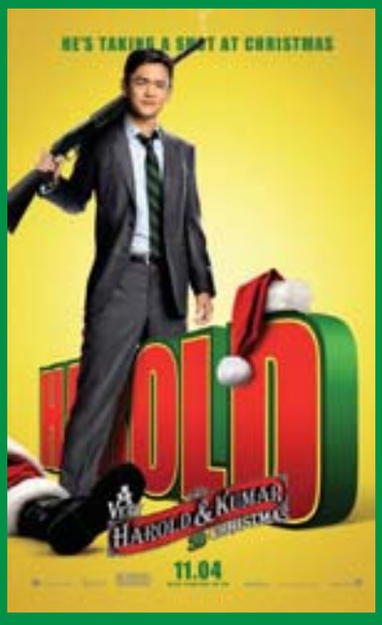


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# Crazy in love

## Anton Yelchin and Felicity Jones put their acting chops to the test in Like Crazy, an improvised story of two lovers forcibly separated

ANNE BRODIE
SCENE@METRONEWS.CA

Anton Yelchin and Felicity Jones star in Drake Doremus' Like Crazy, the largely improvised story of lovers Anna and Jacob forcibly separated when Anna is sent home to London after overstaying her student visa in L.A. Their attempts to reunite take time, money and patience, and patience is something neither has. Yelchin says his character may have over invested himself in a difficult, upsetting love affair due to loneliness.

"He has a mother that doesn't give a s— about him," he says.

"He doesn't have a father so he's very alone and to himself and everything that is exciting about him on the inside comes out in his desire to create something. She is completely distant and not connected to him. The father passed away and so he doesn't have anyone he goes to, there's no one."

Doremus' goal was to shoot 30 minute improvised chapters, and the stars didn't know each other so being thrown into an intensely intimate situation was tough, says Jones. "It was quite petrifying, especially considering what we were about to embark on. I met him and thought this is going to be difficult if he's not that cool.

"But luckily he was extraordinary and we became great friends."

HANDOUT

▶ Anton Yelchin plays Jacob, a man invested in a difficult love affair, in Like Crazy.

Jones learned to rely on her imagination in her first improvisational role. "You can't help but bring something of yourself to the role, your own instincts. We were keen for there to be some separation of who we are and the characters. Anna is a lot more impulsive than I am and I liked that about her. She makes decisions without really thinking them through, which is how they get her into trouble. There were many things I wanted to examine and think about.

"It was frightening, but it was a good thing."

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# Different life, same strife

## Noel Gallagher speaks to Metro about his solo album, his brother, and all as his normal, outgoing self

JOHAN KELLMAN LARSSON
SCENE@METRONEWS.CA

In the summer of 1996 Oasis were at the peak of their career. The Gallagher brothers had been declared legends and in front of castle Knebworth they are crowning their success with the biggest double concert ever in the United Kingdom — in front of 250,000 adoring fans.

Fifteen years later Oasis have split up, brothers Liam and Noel only communicate through their lawyers and they have separate music careers. Liam has Beady Eye, and this week Noel's first solo album is released.

"F—in hell," Noel Gallagher swears and sighs while flipping though messages on his phone. "You can start asking your questions now." He has been talking to the media all day and looks tired.

**This is your first solo album. How has it been different recording Noel Gallagher's high flying birds, compared to the working with Oasis?**
I guess you can imagine the differences. It used to be five guys who were painting, now I've been alone with the brush.

**What is the biggest difference writing songs when you are 30 compared to when you are 44? Have the lyrics and the music changed?**
The circumstances in my life have absolutely changed, I have three kids now. And a cat. But no, I don't think it has affected my song writing. I don't write songs about my amazing kids — that would be a pretty boring album. I hope that whoever listens should see something of themselves in my songs.

KLARA LEO/METRO WORLD NEWS

▶ Noel Gallagher was his usual cheery self with the press ahead of his new solo album release.

### On Oasis

**Reunion in works?**

**Will there ever be an Oasis reunion?** I doubt it. When I close my eyes I can't see it. And when I listen to my soul I don't want it.

**You have said that the recording of this album reminded you of the time when you made Definitely Maybe.**
Yeah, that's right. The similarities are that this is my first solo album and that was Oasis first album.

The excitement about the unknown is the same I think. We didn't have an audience then — and I don't have an audience now.

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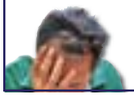
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# He's no Simon Cowell

**L.A. Reid says he's learning from fellow X Factor judge and creator, but he has 'very different taste than Simon' Going to bat for troubled contestant**

IAN JOHNSTON
SCENE@METRONEWS.CA

Grammy-winning record executive/songwriter L.A. Reid admits to being a little out of his comfort zone when it comes to television.

"This is, for me, sort of my first at-bat — my first barbecue," says Reid of his experience as a judge alongside high-profile TV personalities like Simon Cowell and Paula Abdul on TV's The X Factor.

"I'm here to learn and watch and see exactly what Simon does."

But it's not like Reid has been content to sit quietly in the critical shadows as the music competition has narrowed its competitive field to a final 17.

Reid says that while he respects show creator Cowell, he doesn't always agree with his talent assessments.

"I have very different taste than Simon. So I may have made very made different choices. But no names," he laughs.

Reid — a founder of LaFace Records who has worked with the likes of Mariah Carey, Justin Bieber, Usher and Kanye West — says he isn't even aware of the show's always-present cameras during taping.

"I don't see a camera. I don't think about a camera. As far as I'm concerned, I'm sitting in my office admiring talent."

Reid feels that televised music competitions like X-Factor and American Idol have had a positive impact on the music industry.

Much like YouTube, it's given record labels new avenues for discovering and developing talent beyond the traditional sources.

"It's an enhancement. And as a record executive, what we are always looking for are more opportunities for discovering talent."

Among The X Factor's final 17, a lot of attention has been focused on Chris Rene, a singer who admitted to a recent drug addiction.

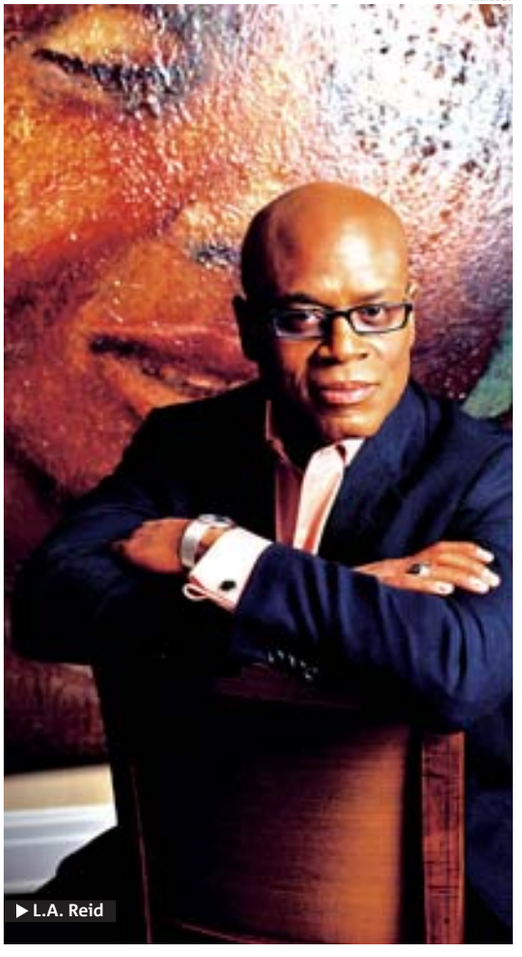
Reid, who personally chose Rene for the final 17, sees a lot of potential in the troubled contestant.

"Chris is going to emerge as an amazing star," he says. "Chris gave us his word that he will stay straight. I'm going to take him at his word. I have faith in Chris."

**Who's in?**

**The X Factor** returns tomorrow with a special two-and-a-half hour live show at 8 p.m. on CTV.

HANDOUT



▶ L.A. Reid

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# Not looking back ... yet

**Bublé says Onstage Offstage is a 'picture book' Real memoir a decade away**

FRANK GUNN/THE ASSOCIATED PRESS

▶ Michael Bublé's new coffee-table book Onstage Offstage is due out tomorrow.

Michael Bublé has a new book out, one that's billed as an all-access portrait of the Canadian crooner, but he wants his fans to understand something.

Onstage Offstage, hitting stores tomorrow, is not the no-holds-barred memoir that fans might have expected from the refreshingly outspoken singer.

The book doesn't feature the sort of revealing behind-the-scenes anecdotes that Bublé would share over dinner with friends, nor does it probe past relationships like a bullet wound on C.S.I.

That book is coming, Bublé said, but the three-time Grammy winner felt he needed to accumulate more miles in his rear-view before he looked back.

He envisions that more in-depth book, which he's already working on with Vancouver journalist Kerry Gold, will come out a decade or more down the line, while Onstage Offstage is meant to serve a different purpose.

"The truth is, I want people to really understand, (Onstage Offstage) is very light," said the personable singer during a recent interview at a Toronto hotel. "I'm proud of it, it's great, but it's a picture book."

"When they sold the idea to me, I was completely against it — I felt it was too early in my career to have any kind of memoir. But they said it's not a memoir, it's a coffee-table book.

"... I just don't want people to get mixed up and think this was like, the memoir.

"Because really, they'll be disappointed if they think that. I hope it's nice reading, it's light reading, it's fun, it's quick, but, you know, there's a lot more pictures than there are words."

THE CANADIAN PRESS

### Christmas love

- In his new book, Bublé writes at some length about the close relationship he has with his family.
- It's part of why he has such a child-like affection for Christmas, and that's what led him to record a new holiday disc.
- "My parents, they loved us a lot," he said. "And I think they got a real kick out of making Christmas special for us like most parents do. I think it's something I can't wait to have kids for, to be able to be the dorky-est Christmas dad."

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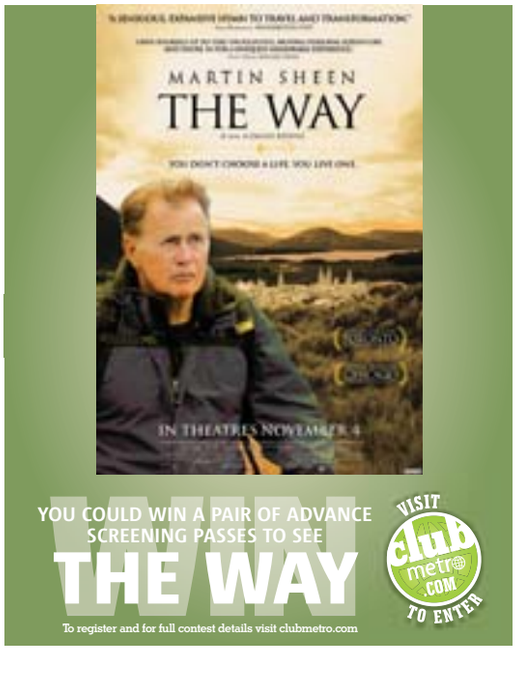
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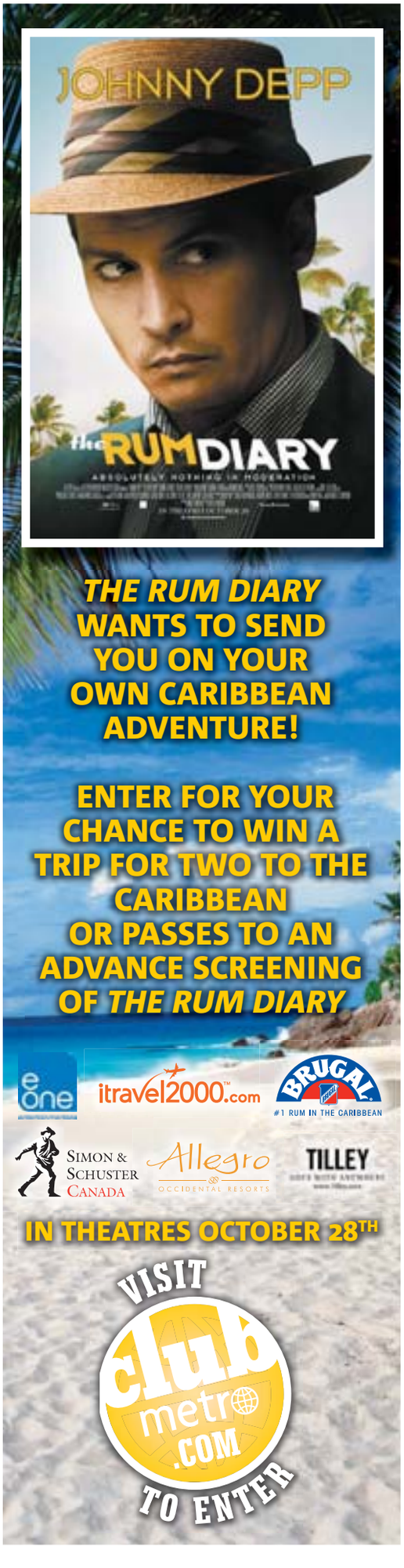
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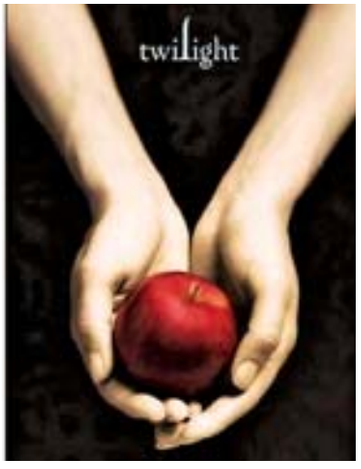


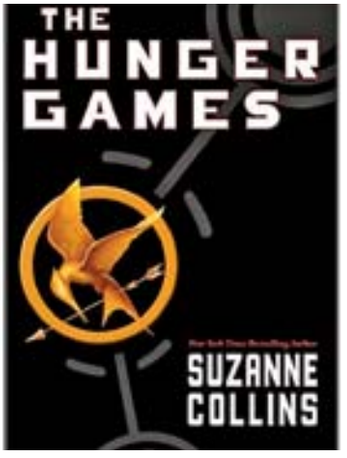


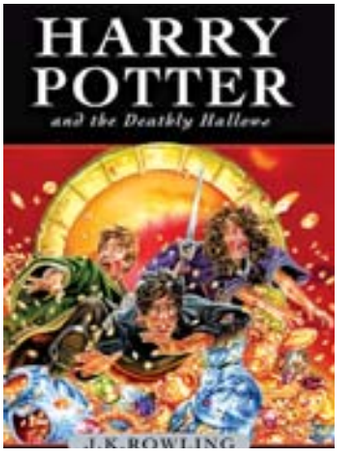


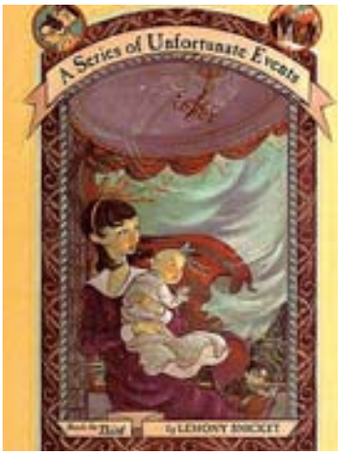


# Teen fiction pen mightier than ever

**Young adult fiction writers continue to sharpen their skills Landscape changed after Harry Potter and Twilight**

Melissa Bourdon-King is brimming with enthusiasm as she describes the quality of young adult fiction in recent years, a veritable feast that is attracting more than just teen readers.

As general manager of a children's bookstore in Toronto, she and her colleagues — some of them in their 20s — often check out the offerings aimed at a younger demographic.

The Harry Potter and Twilight series were blockbusters, of course, and Bourdon-King indicated that The Hunger Games, a popular science fiction trilogy by Suzanne Collins, is a current juggernaut.

"In the wake of that there's been a lot of sort of dystopian novels coming out. If you ask, I could probably list about a dozen or so that claim to be the next Hunger Games," said Bourdon-King, who will turn 25 next month.

"Publishers are really aware of the broad appeal that young adult fiction can have, not just to readers of 12 to 16, but to readers in their early 20s, to middle-aged moms, to retired people that just want a really great read.

"There's been a lot of just really stellar fiction that's been coming out, geared to young adults, but really the writing is so exceptional that it appeals to all ages."

Geoffrey Taylor, director of the International Festival of Authors in Toronto, said there are various levels of reading ability — and books aimed at teens could potentially appeal to those aged 10 to 50.

"Take a look at the Lemony Snicket series. Those were books that were written for children,

HO/THE CANADIAN PRESS

▶ Author Geoffrey Taylor

but parents liked reading them because there was double entendre and everything else in the book. So they became enjoyable for parents to read to their kids."

But books don't have to be labelled "young adult" to be suitable for young readers. Teens will just skip over the parts they don't like in adult fiction, or read fast through certain sections, Taylor said.

"I can remember reading Great Expectations when I was younger, and then when Lloyd Jones' book Mister Pip came out a (few) years ago, which referenced Great Expectations, I reread Great Expectations and I found that as an adult reading, I got more out of it than I would have as a younger reader."

AP=TAMMIE ARROYO/THE CANADIAN PRESS

▶ Author Kathy Reichs

Forensic anthropologist Kathy Reichs is known for the TV show Bones and her crime novels featuring the character Temperance Brennan. She will be introducing her second novel Seizure in the young adult series Virals, which follows Brennan's teenage niece Tory, a science lover.

**"Publishers are really aware of the broad appeal that young adult fiction can have, not just to readers of 12 to 16, but to readers in their early 20s, to middle-aged moms, to retired people that just want a really good read."**
**MELISSA BOURDON-KING, BOOK STORE MANAGER**

The books are co-written with her 33-year-old son Brendan, who came up with the idea, Reichs said in an interview from Ohio, where she was en route to a public appearance.

"Bones gets a lot of viewers in the young adult age range, and also a lot of young adults are reading the Temperance Brennan books. So we thought that young adults might like to read about young adults using science, so that was really where it all started from."

Her son Brendan is really good at young adults' dialogue, their social concerns and the technology that's popular with young adults, she said.

The plotting is equally as complicated as for the Temperance Brennan books, Reichs said, and the novels are heavily researched.

THE CANADIAN PRESS

# The strange life of singer Peter Wolf

## Musician says he might share his fascinating stories in a memoir

GETTY IMAGES

▶ Singer Peter Wolf is a natural-born story teller.

**PAT HEALY**
SCENE@METRONEWS.CA
METRO WORLD NEWS IN BOSTON

Any single one of Peter Wolf's biographical details could make for an interesting book.

The 65-year-old singer for the J. Geils Band and solo performer was college roommates with director David Lynch, as a child his father occasionally left him with Norman Rockwell as a babysitter, and acts that have opened for him include U2, Fleetwood Mac and Tom Petty.

"What happens a lot of times is that it's been in vogue for performers and musicians to write these books," he says, "and people have been after me for the past decade to do one."

So does this mean that a Wolf memoir is forthcoming?

"It's in there, and it's got to come out, so I would imagine so," he says,

"But there's very few books of that nature that I find worthwhile."

You might have to wait before coming across a memoir, but in his live performance tonight he will share quite a few stories.

Highlights might include tales of being chased down a back alley by Sly Stone, hanging out with Van Morrison, when the Irish singer called Cambridge home in the late '60s, recording with Mick Jagger and Keith Richards, or living with David Lynch while at the School of the Museum of Fine Arts.

"It was sort of like the odd couple," says Wolf of his former roommate.

was very neat and meticulous. I was sort of the bohemian mess."

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*Line-up subject to change.*

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# THIS WEEKEND IN LOHAN'S WORLD

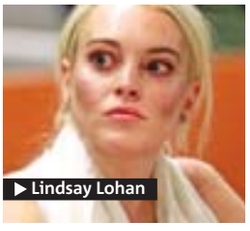
## THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

This hurts us more than it hurts you, but as a gossip column, we are obligated to dedicate this space to Lindsay Lohan and her adventures in community service over the weekend. (Don't like it? Get us a pic of Bradley Cooper and Jennifer Lopez together, and maybe we can talk.)

Here's the good news: Not only did Lindsay show up at the morgue, but she was sociable and cleaned floors on her hands and knees, reports TMZ.

And although the L.A. County Coroner rejected her peace offering (and/or bribe) of cupcakes and burgers, we thought the delivery was a nice gesture.


▶ Lindsay Lohan

Now, for the bad news: Dina Lohan is reportedly shopping around a tell-all book about her daughter's struggles with addiction, and father Michael Lohan gladly took the opportunity to complain about them both in a lengthy, unhinged rant to RadarOnline in which he compared himself to an archangel. In other words? This chick is going to be headlining every gossip column for the next 20 years, and we collectively owe her apology cupcakes. **THE WORD WAS WRITTEN BY MONICA WEYMOUTH THIS WEEK.**

# Bradley Cooper finally makes some headway with J.Lo

**Bradley has been calling Jennifer, like, a lot Recently single singer is apparently liking the attention**

ALL PHOTOS GETTY IMAGES

▶ Bradley Cooper

▶ Jennifer Lopez

Bradley Cooper has reportedly been going to great lengths to woo Jennifer Lopez now that she's split from husband Marc Anthony, according to Us Weekly.

Cooper "has been after Jennifer, calling her, for ages," a source says, adding that Lopez "has been trying to concentrate on her kids and work. But Bradley has been especially eager."

It's apparently working, as Lopez has decided to "let him in," the source says. "She likes the thrill and the fact that Bradley has been pursuing her." METRO

# Ashton lashes out at media

▶ Ashton Kutcher

Ashton Kutcher took to streaming video site Chime.in to speak his mind, taking on the state of online media instead of addressing his recent cheating scandal.

"I just wanted to open up a little dialogue on the state of honesty," Kutcher says in the clip, theorizing that the media have less of an incentive to tell the truth since the costs of production have gone down. "People can bastardize the truth in any way, shape or form that they want and spread that around the world," he says.

"A lie can travel halfway around the world before the truth can leave someone's lips." METRO

## Celebrity tweets

Today, Gwyneth Paltrow is yearning for a wine cooler, Ellen Page is getting deep, Michael Caine is offering advice, and Albert Brooks is spotting celebrities.

@GwynethPaltrow
"Shooting in sunny central park. Reminds me of my youth. Whatever happened to bartles and jaymes? Could rock one of those things."

@EllenPage

"What happens to the hole when the cheese is gone? —Bertolt Brecht"

@AlbertBrooks

"Is it my imagination or did I bump into Lindsay Lohan at the morgue this morning?"

@themichaelcaine

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THINKSTOCK.COM

▶ "After a year, babies will only need help with foods like yogurt," says Dr. Rana Conway, author of Weaning Made Easy.

# The great spoon-fed vs. baby-led weaning debate

**Once you master milk-feeding your infant, it's time to think about solids ◐ Parents often choose between spoon-fed and 'baby-led' weaning methods ◐ Consider this: combine both**

EMMA E. FORREST
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METRO WORLD NEWS

With your first-born, it feels like every time you think you've mastered one baby-rearing challenge, you're set with the next. Just when you've stopped fretting about how much milk your growing infant is drinking, you're faced with anxieties about when to start feeding her solids, whether the meal is nutritious enough and if she's going to actually eat it.

There are two major approaches to weaning: the traditional spoon-fed method (where the parent is in control), and the modern 'baby-led' weaning (where the baby learns to feed him or herself).

"With first babies, moms often lack the confidence to combine the two methods," says Dr. Rana Conway, author of Weaning Made Easy.

There are advantages to both. Spoon-feeding allows parents to control how much their baby eats and mix new flavours in with favourites. Knowing that dinner is going to end up in your baby's belly rather than the floor is reassuring for parents whose sanity depends on regular nap-, feed- and bed-times.

Meanwhile, baby-lead weaning is convenient for parents who don't have time to prepare separate meals and there's no danger of overfeeding (although it can be messier than spoon-feeding).

"The advantage is that families can eat together and all have the same meals, so babies get used to eating the food you do," says Conway."

Combining methods is easy, says Conway. "The balance between spoon-feeding and self-feeding ... changes over time," she says. "Most babies need spoon-feeding to start with, but it's also vital to give them something to try to eat with their fingers too. This means they'll be getting the nutrients they need, but they can also learn about real food," Conway says. "After a few months, self-feeding really takes off and by a year most babies will only need help with foods like yogurt or porridge. It's about taking a balanced approach and seeing what works."

### Can you prevent fussy eating?

▶ "Some babies are naturally more picky than others, but evidence shows you can increase the chances of your child enjoying a healthy range of foods if you sit down to eat with them and give them the opportunity to try lots of different foods," says Dr. Rana Conway. "It seems obvious, but if you don't keep offering them vegetables, you can't blame them for not eating their greens."

## DR. CONWAY'S EASY MEALS FOR BABIES

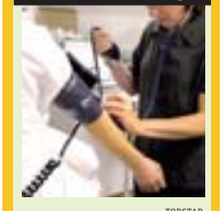
**PASTA**
▶ Left-over pasta with mashed avocado, peas, natural yogurt and grated cheddar

**POTATO**
▶ Potato mixed with canned tuna and cooked from frozen mixed veg

**EGGS**
▶ Scrambled eggs, toast fingers and chopped tomato

3 life

## A new study



TORSTAR

A new study suggests that high blood pressure during early pregnancy is what raises the risk of major birth defects — not the medicines used to control the condition, as previously thought.

For years, women were warned to avoid drugs called ACE inhibitors during later stages of pregnancy to avoid the possibility of birth defects.

Dr. De-Kun Li and colleagues from Kaiser Permanente in California examined data covering more than 460,000 pregnant women and their babies from 1995 to 2008 for the study, which was paid for by groups including the U.S. Agency for Healthcare Research and Quality and the Department of Health and Human Services.

THE ASSOCIATED PRESS

Owners love to dress dogs up for Halloween. But how do dogs feel about it?

# Shepherd's Pie goes sweet

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

**Ingredients:**

- 2 kg (4 lb) sweet potatoes, peeled and cubed
- 375 ml (1 1/2 cups) shredded old cheddar cheese
- 125 ml (1/2 cup) milk
- Salt and pepper, to taste

**Filling**

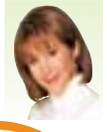
- 1 kg (2 lb) ground beef
- 500 ml (2 cups) each shredded carrots, zucchini
- 375 ml (1 1/2 cups) corn kernels
- 175 ml (3/4 cup) minced onion (about 1 onion)
- 2 cloves garlic, minced
- 15 ml (1 tbsp) each dried thyme, oregano and dry mustard
- 15 ml (1 tbsp) all-purpose flour
- 250 ml (1 cup) milk
- Pinch salt and pepper

**Preparation:**

1. In pot, cook sweet potatoes in boiling water until fork-tender, 15 mins. Drain and mash with cheddar cheese, milk, salt and pepper.
2. Filling: In frying pan, sauté beef over medium -high heat for 10 mins. or until no longer pink. Drain off fat. Add carrots, zucchini, corn, onion and garlic; cook for 5 mins. or until vegetables are softened.
3. In bowl, mix thyme, oregano, mustard and flour; stir into pan along with milk, salt and pepper. Cook for 2 mins. or until slightly thickened. Transfer to two 2 L(8-inch) square baking dishes; top each with half of the potato mix.
4. Bake in a 190 C (375 F) oven for 20 minutes or until heated through and topping is browned.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA/
THE CANADIAN PRESS / FOODLAND ONTARIO

## Rose Reisman's Swap It



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## Public Notice Regarding the Ministry of Health and Long-Term Care's ("ministry") Collection, Use and Disclosure of Information under the *Narcotics Safety and Awareness Act*, 2010

The *Narcotics Safety and Awareness Act*, 2010 ("Act") authorizes the Minister of Health and Long-Term Care ("Minister") and the Executive Officer of Ontario Public Drug Programs ("Executive Officer") to collect, use and disclose information, including personal information, that relates to the prescribing and dispensing of narcotics and controlled substances ("monitored drugs") in Ontario, for the purposes of the Act. The purposes of the Act are to

- promote appropriate prescribing and dispensing practices for monitored drugs
- identify and reduce the abuse, misuse and diversion of monitored drugs, and
- reduce the risk of addiction and death resulting from the abuse or misuse of monitored drugs

Section 8 of the Act permits the Minister and the Executive Officer to direct a prescriber (e.g., doctor, dentist), a dispenser (e.g., pharmacist) or an operator of a pharmacy to disclose information about the monitored drugs they prescribe or dispense, to the Minister or the Executive Officer. For example, the Minister and the Executive Officer may direct the disclosure of information regarding

- the prescriber of the monitored drug (name, address, registration number)
- the person for whom the monitored drug is prescribed (name, address, date of birth, gender, unique number appearing on a form of identification listed on the ministry's website)
- the monitored drug itself (name, strength, quantity, length of therapy, directions for use, drug identification number, prescription number, date of prescription, date of dispensing)

In addition, if a person who has been prescribed a monitored drug authorizes someone else to pick up the drug from a dispenser, the Minister or the Executive Officer may direct a dispenser to disclose certain personal information about that person to the Minister or the Executive Officer (i.e., the person's name and address, and the distinguishing number appearing on a form of identification that verifies the person's name and address).

Once this information has been collected, the Minister and Executive Officer may only use or disclose it as permitted or required by the Act, the *Freedom of Information and Protection of Privacy Act*, and the *Personal Health Information Protection Act*, 2004. For example, subsection 5.(5) of the Act permits the Minister and the Executive Officer to disclose personal information about a person who has been prescribed a monitored drug, to a prescriber, a dispenser or an operator of a pharmacy who has prescribed or dispensed such a drug to the person in the past.

The Ministry's statement of information practices, available at **www.ontario.ca/privacy**, describes how and for what purposes the Ministry may use and disclose personal health information in accordance with the *Personal Health Information Protection Act*, 2004.

For more information, please call the Ministry toll-free or visit our website.

- Telephone INFOline at: 1-866-532-3161 (Toll-free in Ontario only) or TTY 1-800-387-5559
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# Green glass equals big biz

## A new biz idea designed to store recyclable glass bottles properly gets financial backing from Dragons' Den

BEN KNIGHT
LIFE@METRONEWS.CA

FLICKR/ARENAMONTANUS

Glass bottles make great recycling material — but separating glass by colour helps keep it out of landfill.

Glass recycling is simple, right? You put your bottles in the bin, and set the bin out on the curb.

But did you know that if the glass breaks, and different colours of glass mingle, your bottles cannot be recycled — and millions end up in a landfill?

Sustain It Inc., a clever company from Aurora, Ont., just got a major investment on CBC Television's hit show Dragons' Den with a new bottle carrier specifically designed to solve this problem.

"It's called Bottle Bin," says Chris Williams, director of sales for Sustain It. "It's a reusable container for your wine, liquor and beer bottles. When the bin is full, it's an easy and convenient way to bring those empty containers back and collect your refund."

The bin holds 18 standard wine bottles, or 24 empty beer bottles. It's easy to carry, and guarantees that all your glass gets properly recycled.

"It was specifically made for wine bottles originally, and then when you do the sheer math of the volume of how much beer we drink in Canada, we changed the design to be able to accommodate beer bottles as well. Beer is such a massive volume. The LCBO in Ontario sells 50-million six-packs a year. And six-packs are difficult to return."

Bottle Bin touched off a bidding frenzy on Dragons' Den earlier this month, with all five Dragons making offers.

Boston Pizza owner Jim Treliving won the day — and 20 per cent of the company — with an investment of $150,000.

"The Dragons' Den effect is outstanding," Williams says. "Our office absolutely exploded. Different people who want to manufacture and distribute it right across the country. And then we also had a couple of high-profile retailers that called us — including Home Hardware."

The bins will be available at Home Hardware stores across Canada in November, retailing for between $11 to $13. The Beer Store in Ontario is selling them now for $9.99.

"The more people that recognize they may have a problem with their empties, or may have a bit of a struggle with returning their empties, and seeing there's this new bin to help them do it, it really helps our cause," concludes Williams.

"Returning your empty wine, liquor and beer bottles is a great way people can help the environment."

For more info, visit bringyourbottlesback.com.

### Glass facts:

**Recycling glass makes a big difference, says the Glass Packaging Institute.**

- Over a ton of natural resources are saved for every ton of glass recycled.
- Recycling just one glass bottle saves enough energy to light a 100-watt light bulb for four hours.
- A glass container can go from a recycling bin to a store shelf in as little as 30 days.

# SERIOUS SIDE OF SILICONE

**Is silicone bakeware eco-friendly and safe? Rebecca, Calgary**

## QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

It's hard to say if there's a dark side to these brightly coloured cookie sheets and spatulas.

You won't dig up tons of safety information about silicone, but Health Canada says, "Silicone rubber does not react with food or beverages, or produce any hazardous fumes."

Silicone is a synthetic rubber that contains bonded silicon and oxygen. For now, silicone is a safer alternative to non-stick cookware treated with PFOA. I'm also a fan of cast iron and glass cookware.

David Suzuki Foundation

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TORONTO HYDRO

# Using his head in the salon biz

**As the proud owner of 106 salons around Canada, Ken Fisher continues to dream big**

SUBMITTED

▶ Ken Fisher hopes to see even more Chatters Hair and Beauty Salons open in the coming years.

## TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

There's a lot of buzz on the street about Chatters Hair and Beauty Salons.

"We now have 106 stores from Newfoundland to B.C.," founder Ken Fisher tells me proudly.

Growing up on a farm in Saskatchewan, Fisher was influenced by his hard-working father and inspired by his hair stylist sisters.

The early days were hard but rewarding.

"We worked 12 to 18 hour days and I travelled up to 9,000 kilometres a month visiting stores and stocking shelves at night."

Fisher says the key to any business is surrounding yourself with the right people.

His turning point came when he partnered with Jason Volk and the two pushed Chatters to the next level.

"I don't think you'll ever find one individual that takes a company over the top. You need to create a great team."

As he looks at the company he created, Fisher is proud yet humbled by his success.

"Wow, 106 stores. Then I think there's potential for another 106 stores."

How's he going to accomplish his goals?

"You put your head down and go to work."

Smart advice for us all.

### Stylish success

**Fisher's keys to entrepreneurial success:**

- Have a strong work ethic and passion.
- Everything grows and changes. If you sit still you'll get rolled over.
- Surround yourself with the right people.
- Anticipate what is coming around the corner then figure out what to do next.

## A cool job but...

Some of the most prestigious careers aren't quite as enviable as they seem, according to a new report from job search portal CareerCast.com.

METRO WORLD NEWS

▶ Do you think Dr. Frasier Crane sleeps well at night?

**PSYCHIATRIST**
**Average income: $160,242**

- "They're responsible for people's lives. People are reliant on them, and that has always been stressful," says Career Cast publisher Tony Lee.

▶ Sure Don Draper appears untouchable, but work pressure leaves his home life in shambles.

**SENIOR EXECUTIVE**
**Average income: $160,141**

- "Senior corporate executives are under extreme pressure right now. You have falling profits, you have shareholder pressure," says Lee. "You look at the protests and you think, 'These people don't care.' But a lot of them do care —they're working more hours than ever."

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# Rangers even up Series

**Holland tames Pujols and Cardinals over eight innings ◐ Napoli hits three-run homer**

| RANGERS | CARDINALS |
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TOM PENNINGTON/GETTY IMAGES

▶ The Texas Rangers celebrate in the dugout after a three-run home run in the sixth inning by Mike Napoli yesterday.

Derek Holland allowed two hits over 8⅓ innings, leading the Texas Rangers to a 4-0 victory over the St. Louis Cardinals last night that evened the World Series at two games apiece.

Hobbled Josh Hamilton put Texas ahead with an RBI double in the first inning. Then Mike Napoli broke it open with a three-run homer in the sixth on the first pitch from reliever Mitchell Boggs, who came in after loser Edwin Jackson walked his seventh batter.

Holland walked Rafael Furcal with one out in the ninth, and Neftali Feliz got two outs, including Albert Pujols with two runners on.

Game 5 is tonight at Rangers Ballpark, a rematch of the opener, when Cardinals ace Chris Carpenter topped C.J. Wilson.

A night after the Cardinals won a 16-7 slugfest as Pujols tied a record with three home runs, Holland restored some of the pitching dominance of the first two games.

Holland, 2-0 in 10 career post-season appearances, allowed only four baserunners: Lance Berkman doubled in the second and singled in the fifth, and Nick Punto and Furcal in the sixth and ninth.

Holland struck out seven. He got assistance from third baseman Adrian Beltre, who made a leaping catch on Furcal's liner starting the game.

Jackson went to three-ball counts on four of his first 10 batters but mostly escaped trouble with the help of some long outs — four flyouts at or just in front of the warning track.

He walked Nelson Cruz and David Murphy with one out in the sixth, and Napoli greeted Boggs by sending a 95 mph fastball just inside the left-field foul pole, about 10 rows deep.

THE ASSOCIATED PRESS

4 sports

**Quoted**

**"You can't lose confidence in yourself, or you've lost already."**

DENVER QB TIM TEBOW. IN HIS FIRST START THIS YEAR, TEBOW RALLIED THE BRONCOS WITH TWO TOUCHDOWN PASSES IN THE FINAL 2:44 OF THE FOURTH QUARTER TO FORCE OVERTIME, AND MATT PRATER'S 52-YARD FIELD GOAL GAVE THEM AN 18-15 WIN YESTERDAY OVER THE STUNNED MIAMI DOLPHINS.

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John Lithgow

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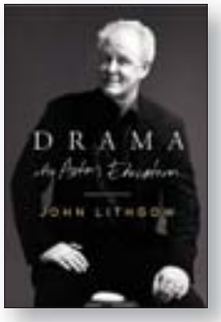


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# All Blacks survive in World Cup final

## France falls just short of upset vs. host New Zealand

DAVID ROGERS/GETTY IMAGES

▶ The All Blacks celebrate with the Webb Ellis Cup after winning the Rugby World Cup in Auckland, New Zealand.

New Zealand survived an uncanny spate of flyhalf injuries and a searching test of character to close a huge gap in its rugby history, beating France 8-7 in a gripping Rugby World Cup final yesterday to become the third two-time champion.

The perennial favourites, New Zealand hadn't won the World Cup since hosting and winning the inaugural tournament in 1987.

"It's something we've dreamed of for a while," All Blacks coach Graham Henry said. "We can rest in peace."

The French had been written off after a disjointed tournament, but produced one of their finest World Cup performances.

"I feel immensely sad and immensely proud at the same time," France coach Marc Lievremont said.

All Blacks No. 10 Aaron Cruden left with a knee injury after 33 minutes, leaving New Zealand's hopes with the often vilified flyhalf Stephen Donald.

He took over the goalkicking in the second half and landed a penalty that gave New Zealand an 8-0 lead. It was critical as New Zealand was left with a one-point lead when France hit back with a 47th minute try, then placed the All Blacks under withering pressure. **THE ASSOCIATED PRESS**

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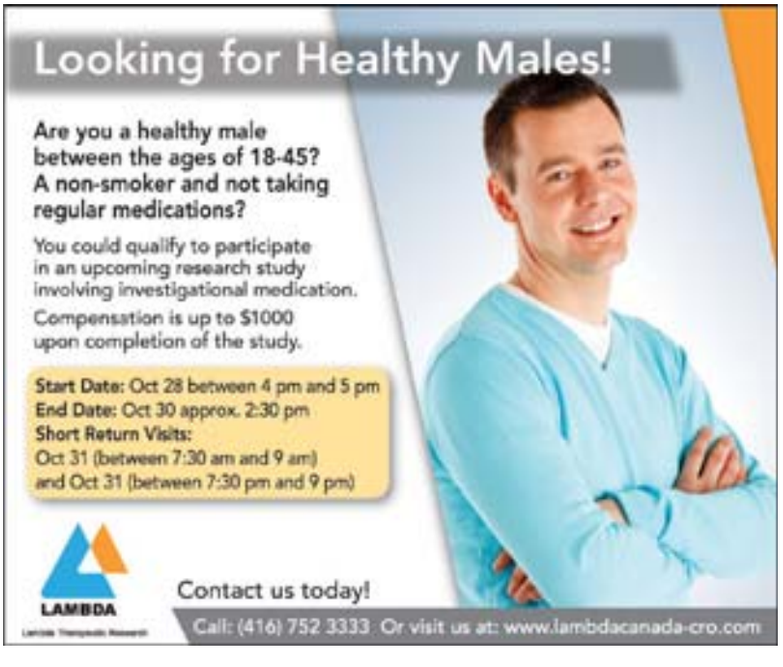
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| d-Pittsburgh | 10 | 6 | 2 | 1 | 1 | 30 | 22 | 14 | 3-1-1-0 | 3-1-0-1 | 6-2-1-1 | W3 |
| d-Toronto | 7 | 5 | 1 | 1 | 0 | 24 | 23 | 11 | 4-0-1-0 | 1-1-0-0 | 5-1-1-0 | W1 |
| Buffalo | 7 | 5 | 2 | 0 | 0 | 20 | 13 | 10 | 1-1-0-0 | 4-1-0-0 | 5-2-0-0 | L1 |
| Philadelphia | 7 | 4 | 2 | 1 | 0 | 25 | 19 | 9 | 1-2-1-0 | 3-0-0-0 | 4-2-1-0 | L2 |
| Florida | 7 | 4 | 3 | 0 | 0 | 18 | 18 | 8 | 2-1-0-0 | 2-2-0-0 | 4-3-0-0 | W1 |
| Tampa Bay | 8 | 3 | 3 | 0 | 2 | 25 | 27 | 8 | 2-1-0-0 | 1-2-0-2 | 3-3-0-2 | W2 |
| Carolina | 8 | 3 | 3 | 2 | 0 | 22 | 27 | 8 | 1-1-0-0 | 2-2-2-0 | 3-3-2-0 | L2 |
| New Jersey | 6 | 3 | 2 | 0 | 1 | 13 | 16 | 7 | 2-1-0-1 | 1-1-0-0 | 3-2-0-1 | L2 |
| NY Islanders | 6 | 3 | 3 | 0 | 0 | 14 | 14 | 6 | 3-1-0-0 | 0-2-0-0 | 3-3-0-0 | L2 |
| NY Rangers | 6 | 2 | 2 | 1 | 1 | 12 | 12 | 6 | 0-0-0-0 | 2-2-1-1 | 2-2-1-1 | L1 |
| Boston | 8 | 3 | 5 | 0 | 0 | 19 | 19 | 6 | 2-4-0-0 | 1-1-0-0 | 3-5-0-0 | L1 |
| Ottawa | 8 | 3 | 5 | 0 | 0 | 24 | 34 | 6 | 3-2-0-0 | 0-3-0-0 | 3-5-0-0 | W2 |
| Winnipeg | 7 | 2 | 4 | 0 | 1 | 16 | 25 | 5 | 2-1-0-0 | 0-3-0-1 | 2-4-0-1 | W1 |
| Montreal | 7 | 1 | 4 | 1 | 1 | 17 | 24 | 4 | 0-2-1-1 | 1-2-0-0 | 1-4-1-1 | L5 |

## WESTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| d-Colorado | 8 | 6 | 2 | 0 | 0 | 26 | 20 | 12 | 0-2-0-0 | 6-0-0-0 | 6-2-0-0 | W1 |
| d-Dallas | 8 | 6 | 2 | 0 | 0 | 19 | 15 | 12 | 4-0-0-0 | 2-2-0-0 | 6-2-0-0 | L1 |
| d-Detroit | 6 | 5 | 1 | 0 | 0 | 19 | 14 | 10 | 3-0-0-0 | 2-1-0-0 | 5-1-0-0 | L1 |
| Los Angeles | 7 | 5 | 1 | 0 | 1 | 17 | 10 | 11 | 3-1-0-0 | 2-0-0-1 | 5-1-0-1 | W4 |
| Chicago | 7 | 4 | 1 | 0 | 2 | 24 | 18 | 10 | 2-0-0-2 | 2-1-0-0 | 4-1-0-2 | L1 |
| Vancouver | 8 | 4 | 3 | 0 | 1 | 22 | 23 | 9 | 2-1-0-1 | 2-2-0-0 | 4-3-0-1 | W2 |
| Minnesota | 8 | 3 | 2 | 2 | 1 | 18 | 20 | 9 | 2-1-1-0 | 1-1-1-1 | 3-2-2-1 | L1 |
| Anaheim | 6 | 4 | 2 | 0 | 0 | 12 | 13 | 8 | 3-1-0-0 | 1-1-0-0 | 4-2-0-0 | L1 |
| Edmonton | 7 | 3 | 2 | 0 | 2 | 13 | 12 | 8 | 2-1-0-1 | 1-1-0-1 | 3-2-0-2 | W1 |
| St. Louis | 8 | 4 | 4 | 0 | 0 | 22 | 24 | 8 | 2-1-0-0 | 2-3-0-0 | 4-4-0-0 | W2 |
| Nashville | 7 | 3 | 3 | 0 | 1 | 15 | 20 | 7 | 0-1-0-1 | 3-2-0-0 | 3-3-0-1 | W1 |
| San Jose | 6 | 3 | 3 | 0 | 0 | 18 | 16 | 6 | 1-2-0-0 | 2-1-0-0 | 3-3-0-0 | W2 |
| Phoenix | 6 | 2 | 3 | 0 | 1 | 15 | 18 | 5 | 1-2-0-0 | 1-1-0-1 | 2-3-0-1 | L2 |
| Calgary | 7 | 2 | 4 | 1 | 0 | 15 | 20 | 5 | 1-2-1-0 | 1-2-0-0 | 2-4-1-0 | L2 |
| Columbus | 8 | 0 | 7 | 0 | 1 | 17 | 29 | 1 | 0-3-0-1 | 0-4-0-0 | 0-7-0-1 | L8 |

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

**Last night's result**
Phoenix at Anaheim
**Saturday's results**
Edmonton 2 N.Y. Rangers 0
Nashville 2 Calgary 0
Ottawa 4 Columbus 3
Toronto 5 Montreal 4 (OT)
Vancouver 3 Minnesota 2 (OT)
Winnipeg 5 Carolina 3
Colorado 5 Chicago 4 (SO)
Florida 4 N.Y. Islanders 2
Los Angeles 1 Dallas 0
Pittsburgh 4 New Jersey 1
San Jose 4 Boston 2
St. Louis 4 Philadelphia 2
Tampa Bay 3 Buffalo 0
Washington 7 Detroit 1
**Tonight's games**
**All Times Eastern**
Toronto at Philadelphia, 7 p.m.
Florida at Montreal, 7:30 p.m.
N.Y. Rangers at Winnipeg, 8:30 p.m.
**Tomorrow's games**
Tampa Bay at Buffalo, 7 p.m.
Pittsburgh at N.Y. Islanders, 7 p.m.
Ottawa at Carolina, 7 p.m.
Detroit at Columbus, 7 p.m.
San Jose at Nashville, 8 p.m.
Anaheim at Chicago, 8:30 p.m.
Vancouver at Edmonton, 9:30 p.m.
Dallas at Phoenix, 10 p.m.
New Jersey at Los Angeles, 10:30 p.m.
**Wednesday's games**
Philadelphia at Montreal, 7:30 p.m.
Colorado at Calgary, 9 p.m.
St. Louis at Vancouver, 10 p.m.

## SATURDAY

### LEAFS 5, CANADIENS 4 (OT)

**First Period**
1. Montreal, Moen 3 (Eller) 1:15 (sh)
2. Toronto, Steckel 2 (Gardiner, Schenn) 7:07 (pp)
**Penalties** — Gionta Mtl (goaltender interference) 1:15, Engqvist Mtl (high-sticking) 5:13, Brown Tor (charging) 8:56, Schenn Tor (holding the stick) 9:56, Montreal bench (too many men; served by Kostitsyn) 11:04.
**Second Period**
3. Montreal, Kostitsyn 2 (Eller, Gill) 0:29
4. Toronto, Kessel 8, 1:05
5. Toronto, Phaneuf 2 (Liles, Lupul) 4:19 (pp)
**Penalties** — Weber Mtl (high-sticking) 2:46, Price Mtl (slashing; served by Cole) 4:51, Montreal bench (too many men; served by Cole) 8:14, Lupul Tor (tripping) 12:39, Gardiner Tor (tripping) 18:12.
**Third Period**
6. Montreal, Cammalleri 2 (Subban, Plekanec) 1:27
7. Montreal, Moen 4 (Gorges, Kostitsyn) 9:28
8. Toronto, Kulemin 2 (Phaneuf, Grabovski) 13:07
**Penalties** — Moen Mtl (boarding) 7:08.
**Overtime**
9. Toronto, Grabovski 3 (Liles, Kessel) 1:23
**Penalties** — None.
**Shots**

| | | | | |
|---|---|---|---|---|
| Toronto | 8 | 6 | 10 | 3—27 |
| Montreal | 10 | 12 | 6 | 0—28 |

**Goal (shots-saves)** — Toronto: Reimer (10-9), Gustafsson (W,1-1-0)(0:00 second, 18-15); Montreal: Price (L,1-4-1). **Power plays (goals-chances)** — Toronto: 2-7. Montreal: 0-2.
**Referees** — Wes McCauley, Brad Meier. **Linesmen** — Scott Driscoll, Brian Murphy.
**Attendance** — 21,273 (21,273) at Montreal.

# NFL

## WEEK SEVEN

### AMERICAN CONFERENCE

**EAST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| New England | 5 | 1 | 0 | .833 | 185 | 135 |
| Buffalo | 4 | 2 | 0 | .667 | 188 | 147 |
| N.Y. Jets | 4 | 3 | 0 | .571 | 172 | 152 |
| Miami | 0 | 6 | 0 | .000 | 90 | 146 |

**SOUTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Houston | 4 | 3 | 0 | .571 | 182 | 131 |
| Tennessee | 3 | 3 | 0 | .500 | 112 | 135 |
| Jacksonville | 1 | 5 | 0 | .167 | 72 | 132 |
| Indianapolis | 0 | 6 | 0 | .000 | 104 | 163 |

**NORTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Baltimore | 4 | 1 | 0 | .800 | 148 | 71 |
| Pittsburgh | 5 | 2 | 0 | .714 | 151 | 122 |
| Cincinnati | 4 | 2 | 0 | .667 | 137 | 111 |
| Cleveland | 3 | 3 | 0 | .500 | 97 | 120 |

**WEST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| San Diego | 4 | 2 | 0 | .667 | 141 | 136 |
| Oakland | 4 | 3 | 0 | .571 | 160 | 178 |
| Kansas City | 3 | 3 | 0 | .500 | 105 | 150 |
| Denver | 2 | 4 | 0 | .333 | 123 | 155 |

### NATIONAL CONFERENCE

**EAST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| N.Y. Giants | 4 | 2 | 0 | .667 | 154 | 147 |
| Dallas | 3 | 3 | 0 | .500 | 149 | 128 |
| Washington | 3 | 3 | 0 | .500 | 116 | 116 |
| Philadelphia | 2 | 4 | 0 | .333 | 145 | 145 |

**SOUTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| New Orleans | 4 | 2 | 0 | .667 | 177 | 151 |
| Tampa Bay | 4 | 3 | 0 | .571 | 131 | 169 |
| Atlanta | 4 | 3 | 0 | .571 | 158 | 163 |
| Carolina | 2 | 5 | 0 | .286 | 166 | 183 |

**NORTH**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| Green Bay | 7 | 0 | 0 | 1.000 | 230 | 141 |
| Detroit | 5 | 2 | 0 | .714 | 194 | 137 |
| Chicago | 4 | 3 | 0 | .571 | 170 | 150 |
| Minnesota | 1 | 6 | 0 | .143 | 148 | 178 |

**WEST**

| | W | L | T | Pct | PF | PA |
|---|---|---|---|---|---|---|
| San Francisco | 5 | 1 | 0 | .833 | 167 | 97 |
| Seattle | 2 | 4 | 0 | .333 | 97 | 128 |
| Arizona | 1 | 5 | 0 | .167 | 116 | 153 |
| St. Louis | 0 | 6 | 0 | .000 | 56 | 171 |

**Byes:** Buffalo, Cincinnati, N.Y. Giants, New England, Philadelphia, San Francisco
**Yesterday's results**
Atlanta 23 Detroit 16
Carolina 33 Washington 20
Cleveland 6 Seattle 3
Dallas 34 St. Louis 7
Denver 18 Miami 15 (OT)
Green Bay 33 Minnesota 27
Houston 41 Tennessee 7
Kansas City 28 Oakland 0
N.Y. Jets 27 San Diego 21
Pittsburgh 32 Arizona 20
Indianapolis at New Orleans
**At London**
Chicago 24 Tampa Bay 18
**Tonight's game**
**All Times Eastern**
Baltimore at Jacksonville, 8:30 p.m.

# MLB PLAYOFFS

## WORLD SERIES

**(Best-of-7)**

### ST. LOUIS (N.L.) VS. TEXAS (A.L.)

**(St. Louis leads series 2-1)**
**Last night's result**
St. Louis at Texas
**Saturday's result**
St. Louis 16 Texas 7
**Tonight's game**
**All Times Eastern**
St. Louis (Carpenter 11-9) at Texas (Wilson 16-7), 8:05 p.m.
**Wednesday's game**
x-Texas at St. Louis, 8:05 p.m.
**Thursday's game**
x-Texas at St. Louis, 8:05 p.m.
**x** — played only if necessary.
**PREVIOUS RESULTS**
**Wednesday, Oct. 19**
St. Louis 3 Texas 2
**Thursday, OCT. 20**
Texas 2 St. Louis 1

## GAME 3

### CARDINALS 16, RANGERS 7

| St. Louis | ab | r | h | bi | Texas | ab | r | h | bi |
|---|---|---|---|---|---|---|---|---|---|
| Furcal ss | 6 | 1 | 1 | 0 | Kinsler 2b | 4 | 0 | 0 | 0 |
| Craig rf | 5 | 2 | 1 | 1 | Andrus ss | 5 | 1 | 2 | 0 |
| Pujols 1b | 6 | 4 | 5 | 6 | JHmltn cf | 5 | 1 | 1 | 0 |
| Holliday lf | 5 | 3 | 1 | 0 | Gentry cf | 0 | 0 | 0 | 0 |
| Brkmn dh | 4 | 2 | 2 | 0 | MiYong dh | 5 | 2 | 2 | 2 |
| Freese 3b | 4 | 1 | 2 | 2 | ABeltre 3b | 5 | 2 | 4 | 1 |
| Descals pr-3b | 0 | 1 | 0 | 0 | N.Cruz rf | 4 | 1 | 1 | 2 |
| YMolin c | 3 | 1 | 2 | 4 | Napoli 1b | 2 | 0 | 1 | 2 |
| Jay cf | 5 | 0 | 0 | 0 | DvMrp lf | 3 | 0 | 0 | 0 |
| Theriot 2b | 4 | 1 | 1 | 1 | Torreal c | 3 | 0 | 2 | 0 |
| **Totals** | **42** | **16** | **15** | **14** | **Totals** | **36** | **7** | **13** | **7** |

| | | | | | | |
|---|---|---|---|---|---|---|
| **St. Louis** | **100** | **434** | **211** | **16** |
| **Texas** | **000** | **330** | **100** | **7** |

E—Napoli (1), Kinsler (2), Andrus (1). DP—St. Louis 2, Texas 1. LOB—St. Louis 6, Texas 8. 2B—Freese (2), Y.Molina 2 (2), Mi.Young (1), A.Beltre (2). HR—Craig (1), Pujols 3 (3), Mi.Young (1), N.Cruz (1). CS—Jay (1). SF—Y.Molina, Napoli 2.

| St. Louis | IP | H | R | ER | BB | SO |
|---|---|---|---|---|---|---|
| Lohse | 3 | 5 | 3 | 3 | 2 | 3 |
| Salas | 1 | 4 | 3 | 3 | 0 | 0 |
| Lynn W,1-0 | 2 1-3 | 3 | 1 | 1 | 2 | 2 |
| Dotel | 1 2-3 | 1 | 0 | 0 | 0 | 1 |
| M.Boggs | 1 | 0 | 0 | 0 | 0 | 1 |
| **Texas** | | | | | | |
| M.Harrison L,0-1 | 3 2-3 | 6 | 5 | 3 | 1 | 3 |
| Feldman | 1 1-3 | 2 | 3 | 3 | 2 | 0 |
| Ogando | 1-3 | 3 | 4 | 3 | 2 | 1 |
| M.Gonzalez | 1 2-3 | 1 | 2 | 2 | 1 | 0 |
| M.Lowe | 1 | 2 | 1 | 1 | 0 | 1 |
| D.Oliver | 1 | 1 | 1 | 1 | 0 | 2 |

Lohse pitched to 4 batters in the 4th.
Salas pitched to 3 batters in the 5th.
Umpires—Home, Alfonso Marquez; First, Ron Kulpa; Second, Ted Barrett; Third, Gary Cederstrom; Right, Greg Gibson; Left, Jerry Layne.
T—4:04. A—51,462 (49,170) at Arlington, Texas.

# RUGBY

## WORLD CUP

**At Sites in New Zealand**
**CHAMPIONSHIP**
**Yesterday's result**
**At Auckland**
New Zealand 8 France 7
**THIRD PLACE**
**Friday's result**
**At Auckland**
Australia 21 Wales 18

# CFL

## WEEK 17

**EAST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| x-Winnipeg | 16 | 10 | 6 | 0 | 386 | 375 | 20 |
| x-Montreal | 16 | 10 | 6 | 0 | 487 | 399 | 20 |
| x-Hamilton | 16 | 8 | 8 | 0 | 462 | 426 | 16 |
| Toronto | 16 | 4 | 12 | 0 | 337 | 460 | 8 |

**WEST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| x-Edmonton | 16 | 10 | 6 | 0 | 384 | 352 | 20 |
| x-B.C. | 16 | 9 | 7 | 0 | 439 | 364 | 18 |
| x-Calgary | 16 | 9 | 7 | 0 | 449 | 425 | 18 |
| Saskatchewan | 16 | 4 | 12 | 0 | 307 | 456 | 8 |

**x** — clinched playoff berth.
**Saturday's results**
Hamilton 42 B.C. 10
Winnipeg 26 Montreal 25
**Friday's results**
Calgary 25 Saskatchewan 13
Edmonton 31 Toronto 24

# SOCCER

## MLS

### EASTERN CONFERENCE

| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| y-Kansas City | 34 | 13 | 9 | 12 | 50 | 40 | 51 |
| x-Houston | 34 | 12 | 9 | 13 | 45 | 41 | 49 |
| x-Philadelphia | 34 | 11 | 8 | 15 | 44 | 36 | 48 |
| x-Columbus | 34 | 13 | 13 | 8 | 43 | 44 | 47 |
| x-New York | 34 | 10 | 8 | 16 | 50 | 44 | 46 |
| Chicago | 34 | 9 | 9 | 16 | 46 | 45 | 43 |
| D.C. United | 34 | 9 | 13 | 12 | 49 | 52 | 39 |
| Toronto | 34 | 6 | 13 | 15 | 36 | 59 | 33 |
| New England | 34 | 5 | 16 | 13 | 38 | 58 | 28 |

### WESTERN CONFERENCE

| | GP | W | L | T | GF | GA | Pt |
|---|---|---|---|---|---|---|---|
| y-Los Angeles | 34 | 19 | 5 | 10 | 48 | 28 | 67 |
| x-Seattle | 34 | 18 | 7 | 9 | 56 | 37 | 63 |
| x-Real Salt Lake | 34 | 15 | 11 | 8 | 44 | 36 | 53 |
| x-Dallas | 34 | 15 | 12 | 7 | 42 | 39 | 52 |
| x-Colorado | 34 | 12 | 9 | 13 | 44 | 41 | 49 |
| Portland | 34 | 11 | 13 | 10 | 40 | 48 | 42 |
| San Jose | 34 | 8 | 12 | 14 | 40 | 45 | 38 |
| Chivas USA | 34 | 8 | 14 | 12 | 41 | 43 | 36 |
| Vancouver | 34 | 6 | 18 | 10 | 35 | 55 | 28 |

**x** — clinched playoff berth.
**y** — clinched conference.
**Note:** Three points for a win, one for a tie.
**Yesterday's result**
Houston 3 Los Angeles 1
**Saturday's results**
New England 2 Toronto 2
Colorado 2 Vancouver 1
Chicago 3 Columbus 2
Kansas City 1 D.C. United 0
Real Salt Lake 1 Portland 1
San Jose 4 Dallas 2
Seattle 3 Chivas USA 1
**END OF REGULAR SEASON**

## ENGLAND

### PREMIER LEAGUE

**Yesterday's results**
Arsenal 3 Stoke 1
Fulham 1 Everton 3
Manchester United 1 Manchester City 6
Blackburn 1 Tottenham 2
Queens Park Rangers 1 Chelsea 0

## GERMANY

### BUNDESLIGA

**Yesterday's results**
Bayer Leverkusen 0 Schalke 1
Hannover 2 Bayern Munich 1

# TENNIS

## ATP-WTA KREMLIN CUP

**At Moscow**
**SUNDAY**
**Men**
**Singles — Championship**
Janko Tipsarevic (1), Serbia, def. Viktor Troicki (2), Serbia, 6-4, 6-2.
**Doubles — Championship**
Frantisek Cermak, Czech Republic, and Filip Polasek (1), Slovakia, def. Carlos Berlocq, Argentina, and David Marrero, Spain, 6-3, 6-1.
**Women**
**Singles — Championship**
Dominika Cibulkova (8), Slovakia, def. Kaia Kanepi, Estonia, 3-6, 7-6 (1), 7-5.
**SATURDAY**
**Women**
**Doubles — Championship**
Vania King, U.S., and Yaroslava Shvedova (2), Kazakhstan, def. Anastasia Rodionova, Australia, and Galina Voskoboeva (4), Kazakhstan, 7-6 (3), 6-3.

## ATP IF STOCKHOLM OPEN

**At Stockholm**
**Singles — Championship**
Gael Monfils (1), France, def. Jarkko Nieminen, Finland, 7-5, 3-6, 6-2.
**Doubles — Championship**
Rohan Bopanna, India, and Aisam-ul-Haq Qureshi (1), Pakistan, def. Marcelo Melo and Bruno Soares (4), Brazil, 6-1, 6-3.

## WTA BNP PARIBAS LUXEMBOURG OPEN

**At Luxembourg**
**Singles — Championship**
Victoria Azarenka (1), Belarus, def. Monica Niculescu, Romania, 6-2, 6-2.
**Doubles — Championship**
Iveta Benesova and Barbora Zahlavova Strycova (1), Czech Republic, def. Lucie Hradecka, Czech Republic, and Ekaterina Makarova (2), Russia, 7-5, 6-3.

# GOLF

## PGA CHILDREN'S MIRACLE NETWORK HOSPITALS CLASSIC

**At Lake Buena Vista, Fla.**
**Par 72 — Final Round**

| | |
|---|---|
| Luke Donald, $846,000 | 66-71-70-64—271 |
| Justin Leonard, $507,600 | 69-63-70-71—273 |
| Kevin Chappell, $244,400 | 70-66-66-72—274 |
| Sunghoon Kang, $244,400 | 68-71-67-68—274 |
| Tom Pernice, Jr., $244,400 | 68-69-68-69—274 |
| Trevor Immelman, $147,110 | 72-68-66-69—275 |
| Billy Mayfair, $147,110 | 68-70-67-70—275 |
| Nick O'Hern, $147,110 | 68-66-70-71—275 |
| John Rollins, $147,110 | 71-67-70-67—275 |
| Webb Simpson, $147,110 | 68-69-69-69—275 |
| **Also** | |
| **David Hearn, $47,411** | **71-67-70-71—279** |

## LPGA SUNRISE TAIWAN CHAMPIONSHIP

**At Yang Mei, Taiwan**
**Par 72 — Final Round (a-amateur)**

| | |
|---|---|
| Yani Tseng, $300,000 | 68-71-67-66—272 |
| Amy Yang, $154,498 | 72-68-70-67—277 |
| Azahara Munoz, $154,498 | 71-66-72-68—277 |
| Morgan Pressel, $90,693 | 69-75-70-65—279 |
| Anna Nordqvist, $90,693 | 69-68-71-71—279 |
| Katie Futcher, $66,182 | 70-70-71-69—280 |
| Hee Young Park, $55,397 | 70-70-75-66—281 |
| Cristie Kerr, $48,534 | 70-73-73-66—282 |
| Sun Young Yoo, $43,631 | 71-71-71-70—283 |
| Hee-Won Han, $39,709 | 71-69-70-74—284 |
| **Also** | |
| **Lorie Kane, $3,680** | **79-76-78-69—302** |
| **Alena Sharp, $3,214** | **77-83-78-74—312** |

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# Leafs turn to Monster in net

## Gustavsson will face Flyers in Philly ◐ Reimer not likely to dress for tonight's game after blow to head

It'll be Jonas Gustavsson on the hot seat as the Maple Leafs went through a good news, bad news day on their medical front.

First, the bad news. James Reimer is not likely even to dress for tonight's game against Philadelphia due to the elbow in the head he suffered on Saturday night in Montreal.

But, the good news: Tim Connolly — the prized free agent signing over the summer — took part in full contact practice for the first time since injuring himself in training camp.

"I had a few contact drills in the corner with some of our favourite defencemen," said Connolly, wiping sweat from his face after practise yesterday.

"It feels good to get some bumping in.

"Probably have to do a few more contact days, work into it. After that (I) should be ready to go. See how I feel, do a bit more, get bumped a little bit harder. I'm trying to condition hard so when the day comes I'm ready to hop right in."

RYAN REMIORZ/THE CANADIAN PRESS

▶ Montreal's Brian Gionta runs into James Reimer on Saturday.

The sight of Connolly — whose upper body injury was never disclosed — working out was a nice morale boost, but really a small comfort to the team. They have, after all, been winning without him, a point coach Ron Wilson made.

The real concern is for Reimer, whose hot play was a big reason for a 5-1-1 start that has the team among the early surprises of the NHL season.

**"With a hit like that you never know what it could be."**
**JAMES REIMER**

Reimer took an elbow to the head against Montreal on Saturday and left after the first period.

"I feel a lot better today than I did yesterday," said Reimer. "We're going in the right direction. It's a day-to-day kind of thing.

"I'd be shocked if it was more than a few days. It is looking better."

Reimer did not disclose what hurt, outside of saying he felt "a couple of aches and pains." He got the whiplash effect from the elbow, Wilson said on Saturday night.

No one on the Leafs thinks Brian Gionta ought to be suspended for his elbow on Reimer.

"When I looked at it, there was no intent to hit him in the head," said Wilson. "I don't think Brian Gionta is that kind of player. He was kind of falling to the side and he put up his arms."

After stepping in for Reimer on Saturday, Gustavsson picked up his first win since Jan. 6. Wilson told him to start the second period with about 90 seconds left in intermission.

"You have to be ready to play," said Gustavsson. "I played games in pre-season games. I practise every day. That's where you get the confidence. You practise hard and you stop shots and you feel like you can to go out and play with confidence."

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# Siblings shine in Pan Am water

**Brother and sister from Cambridge, Ont., combine for five medals**

It was a good day for the McClintock family at the Pan American Games.

Whitney McClintock won a gold and two silver medals in women's water skiing while her brother, Jason, earned two silver medals on the men's side in Guadalajara, Mexico yesterday.

The 22-year-old from Cambridge, Ont., took gold in the women's tricks event before adding a silver in the slalom event and a silver in the jump final. Teammate Karen Stevens of Iroquois, Ont., added two bronze medals in the slalom and jump events.

Jason McClintock won a silver medal in the men's tricks event and another silver in men's slalom.

Elsewhere, Canada won a gold and silver in equestrian competition.

Jessica Phoenix of Cannington, Ont., earned gold in the individual eventing competition and also teamed up with James Atkinson of Mountain Road, Man., Hawley Bennett of Langley, B.C., Rebecca Howard of Salmon Arm, B.C., and Serena O'Hanlon of Elgin, Ont., to win silver in the team eventing competition.

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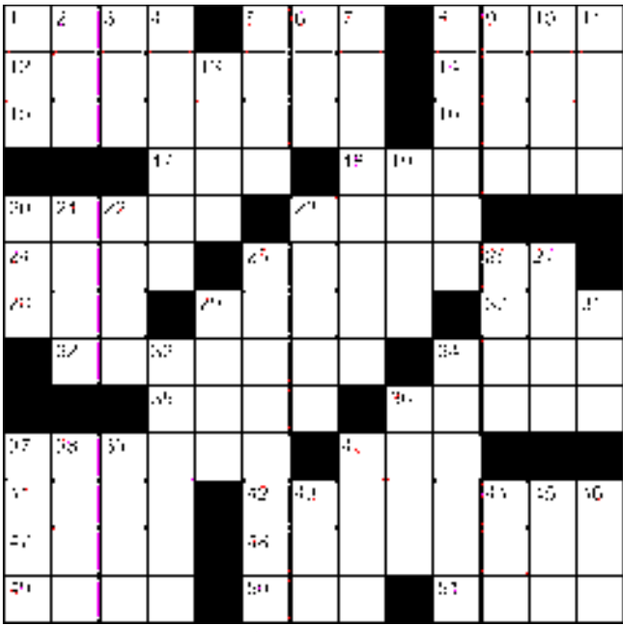
## Crossword



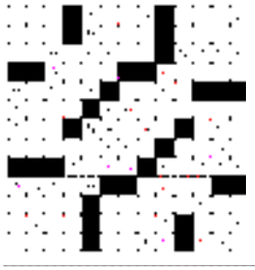
**Across**

1 Feedbag fill
5 Chicken — king
8 Gumbo ingredient
12 Howls
14 Billy Joel's "— Always a Woman"
15 Severely strict
16 Decline, as the visible moon
17 Spot on a domino
18 Lake Victoria nation
20 Florida city
23 Succumb to gravity
24 Kill
25 Without flexibility
28 Peace (Lat.)
29 Star, for short
30 Conger, for one
32 Restored to proper condition
34 Ashen
35 Crew supply
36 Theater path
37 Tawdry (Sl.)
40 Donkey
41 Warmth
42 Tubular pasta
47 Otherwise
48 Easy garment to put on
49 Run off
50 A billion years
51 Tardy

**Down**

1 "— Town"
2 Clay, today
3 Yank
4 Not neat
5 On
6 Romanian money
7 Soothed
8 Lee Harvey —
9 "Star Trek II: The Wrath of —"
10 Tear asunder
11 On the briny
13 Met melody
19 Smooth-talking
20 Recipe meas.
21 Banned apple ripener
22 Long skirt
23 Folder fodder
25 Bent backward
26 Meadows
27 Holler
29 Fellow
31 Shelter
33 Small beard
34 Handgun
36 Now, on a memo
37 Restaurant employee
38 Satan's domain
39 Facility
40 Once more, in dialect
43 UN workers' grp.
44 Eggs
45 Seine
46 Anger

▶ Friday's answer



## Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 6 | | | | 1 | | |
| | 4 | | 1 | | 3 | | 9 | |
| 7 | 1 | | | | | | 6 | 2 |
| | | 2 | 7 | | 4 | 6 | | |
| 1 | | | | | | | | 3 |
| | | 9 | 3 | | 8 | 5 | | |
| 4 | 3 | | | | | | 1 | 9 |
| | 6 | | 8 | | 2 | | 5 | |
| | | 7 | | | | 8 | | |

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 9 | 5 | 8 | 6 | 4 | 3 | 2 | 7 |
| 2 | 7 | 8 | 3 | 1 | 9 | 6 | 4 | 5 |
| 3 | 4 | 6 | 7 | 2 | 5 | 8 | 1 | 9 |
| 5 | 2 | 4 | 9 | 7 | 8 | 1 | 3 | 6 |
| 8 | 6 | 7 | 5 | 3 | 1 | 2 | 9 | 4 |
| 9 | 3 | 1 | 6 | 4 | 2 | 7 | 5 | 8 |
| 4 | 5 | 3 | 2 | 8 | 6 | 9 | 7 | 1 |
| 7 | 8 | 9 | 1 | 5 | 3 | 4 | 6 | 2 |
| 6 | 1 | 2 | 4 | 9 | 7 | 5 | 8 | 3 |

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*Sunshine, You came into my life and my heart found its home. Thank you for the gift of your amazing love. I pinky swear I will never let you go too far. Happy birthday honey! Can't wait to see what's ahead for our little family <3 I love you lots, tons and forever ever.*
**SNOWFLAKE**

*My Life, Did I say "I love you"? Be happy, live life. I miss you so much. Stay strong hon, nothing to worry. Everything will be OK. Love you always n forever*
**YOU ARE BEAUTIFUL**

*My heart, you tell me im cheesy when i say i sing love songs to you. i want you to know its because they make sense to me now. love, its wonderful and i owe it all to you. cheesy, no. i say true. happy birthday Ashley Lorraine Antoine. love you always.*
**GAREN**

## Today's horoscope

*For today's crossword answers and for expanded horoscopes, go to metronews.ca*

**♈ Aries March 21-April 20** Speak your mind and stir things up a little, both at home and at work.

**♉ Taurus April 21-May 21** The more praise you get today the more careful you must be that your ego does not over inflate.

**♊ Gemini May 22-June 21** What happens today will shake you up and get you moving again, and that's no bad thing.

**♋ Cancer June 22-July 22** Steer clear of other people's private lives today.

**♌ Leo July 23-Aug.23** By all means question what others tell you.

**♍ Virgo Aug. 24- Sept. 22** You seem to be moving in a completely different direction to everyone else, but that's okay – in fact it's good.

**♎ Libra Sept. 23-Oct. 23** You will be in the spotlight often enough over the next few days, so enjoy your anonymity while you can.

**♏ Scorpio Oct. 24-Nov. 22** Your ability to stay calm under pressure will win new admirers today.

**♐ Sagittarius Nov. 23-Dec. 21** You will find yourself on the defensive today, and it's a situation you have brought on yourself by making claims that cannot be backed up by facts.

**♑ Capricorn Dec. 22-Jan. 20** Cause and effect always go together, so if what is going on in your life is not to your liking maybe you should ask what caused it to happen.

**♒ Aquarius Jan. 21-Feb. 18** Instead of fighting the future why not aim to make it your friend?

**♓ Pisces Feb. 19-March 20.** You will find it easier to trust people again and the effects will be dramatic. You really have no reason to be suspicious or fearful – but you have every reason to smile.

**SALLY BROMPTON**

## Caption contest

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MICHAEL SOHN/THE ASSOCIATED PRESS

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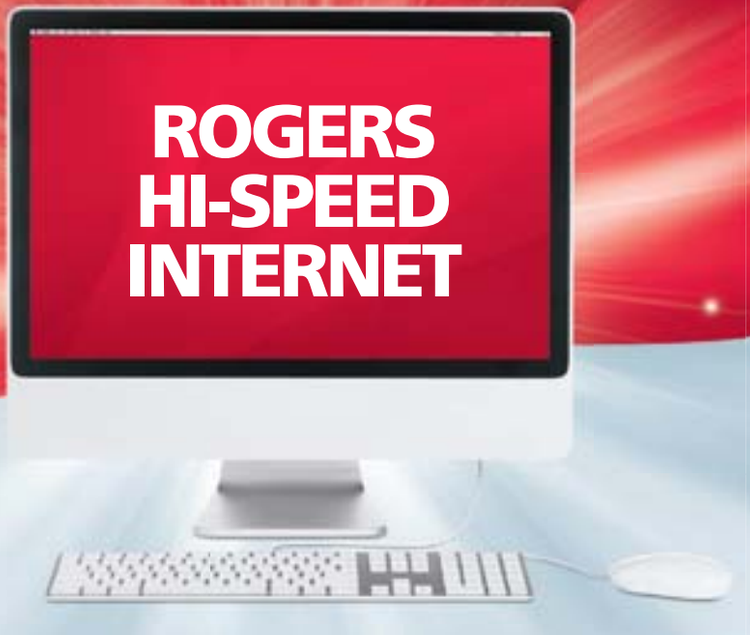
# THEIR FIBRE INTERNET STILL CONNECTS TO YOUR OLD PHONE LINE.

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- The phone company's fibre technology still connects to an old phone line before it reaches your home, resulting in slower speeds.[2]
- Rogers Cable Internet includes SpeedBoost™ technology, which turbocharges streaming video, online gaming and downloading.[3]

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**1** Within Rogers cable service area. Current as of August 4, 2011. Comparisons between: Rogers Express (download up to 12 Mbps with DOCSIS 3 modem, usage allowance 60 GB) vs. Bell Fibe 6 (download up to 6 Mbps, usage allowance 25 GB); Rogers Extreme (download up to 24 Mbps with DOCSIS 3 modem, usage allowance 100 GB) vs. Bell Fibe 12 (download up to 12 Mbps, usage allowance 50 GB); Rogers Extreme Plus (download up to 32 Mbps with DOCSIS 3 modem, usage allowance 150 GB) vs. Bell Fibe 16 (download up to 16 Mbps, usage allowance 75 GB); and Rogers Ultimate (download up to 50 Mbps with DOCSIS 3 modem, usage allowance 250 GB) vs. Bell Fibe 25 (download up to 25 Mbps, usage allowance 75 GB). **2** Speed of internet service over DSL technology (used in Bell Fibe 25) decreases as distance from the network equipment increases. **3** Exclusively available from Rogers within Rogers cable serviceable area. SpeedBoost technology temporarily increases download speeds for the first 10 MB of a file download when extra bandwidth is available on the network. Actual speed may vary based on network traffic, amount of data transferred and length of time since last boost and other factors. ©2011